

# Let's put out the single biggest KILLER OF AMERICAN INDIANS.



Clouds of cigarette smoke are everywhere in our community. And those clouds are taking a toll – **NEARLY TWO OUT OF EVERY FIVE AMERICAN INDIAN DEATHS ARE DUE TO CIGARETTE SMOKING AND BREATHING SECONDHAND SMOKE.**

There's still time to break this cycle of tobacco addiction. Adults must lead by example. We need to rid our homes, cars, work sites, and community centers of commercial cigarette use. We have to teach our kids the difference between dangerous cigarette smoking and ceremonial tobacco use. And we must quit smoking ourselves.

**QUIT SMOKING:** It's a powerful gift to yourself, your family and our community's future.

## American Indian Community Tobacco Project



For more information contact the American Indian Community Tobacco Project website:

<http://www.epi.umn.edu/research/aictp>



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