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GUIDELINES FOR ADOLESCENT NUTRITION SERVICES

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Division of Epidemiology and Community Health, School of Public Health
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Guidelines for Adolescent Nutrition Services is a comprehensive overview of nutrition issues of teens. Select topics covered in the book include: physical and psychosocial development, obesity, diabetes, hypertension, hyperlipidemia, eating disorders, sports nutrition and children with special health care needs. This work is a collaborative effort by Registered Dietitians from a variety of MCH training programs including Leadership Education in Adolescent Health, Pediatric Pulmonary Centers, Leadership Education in Neurodevelopmental Disabilities, and Nutrition Training programs, and was developed through funding from the Health Resources and Services Administration, Maternal and Child Health Bureau.

Individual chapters from the book are available to download, free of charge, from the LET Program website, <http://www.epi.umn.edu/let/pubs>

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