

## Appendix E

### Body Mass Index (BMI, in kg/m<sup>2</sup>) for Selected Statures and Weights

Weight kg [lb]	Stature m [in]																												
	1.24 [49]	1.27 [50]	1.30 [51]	1.32 [52]	1.35 [53]	1.37 [54]	1.40 [55]	1.42 [56]	1.45 [57]	1.47 [58]	1.50 [59]	1.52 [60]	1.55 [61]	1.57 [62]	1.60 [63]	1.63 [64]	1.65 [65]	1.68 [66]	1.70 [67]	1.73 [68]	1.75 [69]	1.78 [70]	1.80 [71]	1.83 [72]	1.85 [73]	1.88 [74]	1.90 [75]	1.93 [76]	
20	13	13	12	12	11	11	10	10	10	9	9	9	8																
[45]	15	14	13	13	12	12	11	11	10	10	10	9	9	9	9	8													
[50]	23																												
[55]	16	15	15	14	14	13	13	12	12	11	11	10	10	10	9	9	9												
[60]	27	18	17	16	16	15	15	14	13	13	12	12	11	11	10	10	10	9	9										
[65]	29	19	18	17	17	16	16	15	14	14	13	13	12	12	11	11	10	10											
[70]	32	21	20	19	18	17	17	16	16	15	14	14	13	13	12	12	11	11	11	10									
[75]	34	22	21	20	20	19	18	17	17	16	15	15	14	14	13	13	12	12	11	11	10								
[80]	36	24	22	21	21	20	19	18	17	17	16	16	15	15	14	14	13	13	13	12	11	11	10						
[85]	39	25	24	23	22	21	21	20	19	18	17	17	16	16	15	15	14	14	13	13	12	12	11	11					
[90]	41	27	25	24	23	22	22	21	20	19	19	18	17	17	16	16	15	15	14	14	13	13	13	12	12				
[95]	43	28	27	25	25	24	23	22	21	20	19	19	18	17	17	16	16	15	15	14	14	14	13	13	13	12	12		
[100]	45	29	28	27	26	25	24	23	22	21	20	20	19	18	18	17	17	16	16	15	15	14	14	14	13	13	13	13	12
[105]	48	31	30	28	27	26	25	24	23	22	21	20	19	19	18	17	17	16	16	15	15	14	14	14	13	13	13	13	13
[110]	50	32	31	30	29	27	27	25	24	23	22	21	20	19	19	18	18	17	17	16	16	16	15	15	15	14	14	14	13
[115]	52	34	32	31	30	29	28	27	26	25	24	23	22	21	20	20	19	18	18	17	17	17	16	16	16	15	15	14	14
[120]	54	35	34	32	31	30	29	28	27	26	25	24	23	22	21	20	19	19	18	18	17	17	17	16	16	15	15	15	15
[125]	57	37	35	34	33	31	30	29	28	27	26	25	24	23	22	21	20	20	19	19	19	18	18	17	17	16	16	16	15
[130]	59	38	37	35	34	32	31	30	29	28	27	26	25	24	23	22	21	20	20	19	19	19	18	18	17	17	16	16	16
[135]	61	40	38	36	35	34	33	31	30	29	28	27	25	24	23	22	22	21	20	20	19	19	19	18	18	17	17	16	16
[140]	64	41	39	38	36	35	34	33	31	30	29	27	26	25	24	23	22	22	21	20	20	19	19	19	18	18	17	17	17
[145]	66	43	41	39	38	36	35	34	33	31	30	29	28	27	26	25	24	23	23	22	21	21	20	20	19	19	18	18	18
[150]	68	44	42	40	39	37	36	35	34	32	31	30	29	28	27	26	25	24	24	23	22	21	21	20	20	19	19	18	18
[155]	70	46	44	42	40	39	37	36	35	34	32	31	30	29	28	27	26	25	24	23	23	22	21	21	20	20	19	19	19
[160]	73	47	45	43	42	40	39	37	36	35	34	32	31	30	29	28	27	26	25	24	24	23	22	22	21	21	20	20	19
[160]	77	50	48	46	44	42	41	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	24	23	23	22	21	21