

(313) 995 4360

1602 Leaird Drive,
Ann Arbor,
Michigan, 48105,
U.S.A.

August 29 1995

Dear Henry,

THE SEVEN COUNTRIES STUDY

It was a real pleasure and a great privilege to receive a personally inscribed copy of what is already a classic tale of epidemiology! It was also great to know that the author was still gainfully employed but beginning to enjoy a little more well-earned leisure in Stacy's company.!

I'm still commuting to the Edinburgh College and the Diabetes Registry (2400 insulin-treated diabetics screened six-monthly for albuminuria and followed up to five years) ; and at home here I have embarked on the Women's Pooling Project (Tecumseh, Framingham, San Antonio, Evans County, Charleston and Rancho Bernardo) - with males and Paisley / Renfrew still excluded by EB-C! But time will tell!

Thank you again for the remembrance - a wee minding they would call it in Scotland!

Kindest regards,

Sincerely,

A handwritten signature in blue ink that reads "Victor".

Victor Hawthorne, MD
Professor Emeritus of Epidemiology



HARVARD SCHOOL OF PUBLIC HEALTH

Department of Nutrition

February 26, 1996

*Please return this (pc.)
to book to Fred - Stone.
fill SCB Book return*

Dr. Henry Blackburn
Epidemiology - University of
Minnesota
1300 South 2nd St., Suite 300
Minneapolis, Minnesota 55454

Dear Henry:

Your brief Reflections on the Seven Countries Study
was most interesting.

Please send me a copy of Reference No. 2. My check for
\$20.00 is enclosed.

Regards.

*Fred:
my treat!
Thanks for your interest.
Jenny*

Sincerely,

Fred

Fredrick J. Stare, M.D.
Distinguished Professor
Emeritus
Founder, Harvard's Depart-
ment of Nutrition

FJS:ims

Enclosure

KURUME UNIVERSITY SCHOOL OF MEDICINE

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Kurume, Fukuoka 830
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July 6, 1995

Henry Blackburn, MD

Mayo Professor of Public Health,
Division of Epidemiology
School of Public Health, University of Minnesota,
1200 Second South Street, Suite 300,
Minneapolis, Minnesota 55454 USA

*file HB SCB
Book resp.*

Dear Professor Blackburn :

Thank you very much for the beautiful book , On the Trail of Heart Attacks in Seven Countries. I am deeply impressed by your book which describes another important aspect of the Seven Countries Study. It is indeed wonderful and exciting for me to know from your book how the idear and concept of the Seven Countries Study arose and how the extensive international collaborations and freindship were conducted. I am sure that this is the most important point we should learn from the pioneering investigations by Professor Ancel Keys and you. I am grateful that we now have a trio of monographs on the Seven Countries Study.

I would like to express my sincere appreciation for your kindness in presenting my name in the acknowledgements of this important monograph.

With best regards,

Sincerely yours,

Yoshinori Koga

Yoshinori Koga, M.D.

The Third Department of Internal Medicine,
Kurume University School of Medicine,
67 Asahi-machi, Kurume 830, Japan



BAYLOR UNIVERSITY MEDICAL CENTER

An affiliate of the Baylor Health Care System

Baylor Cardiovascular Institute

July 12, 1995

7 months book

Henry W. Blackburn, Jr., M.D.
Professor and Director of Laboratories
Physiological Hygiene
University of Minnesota
Stadium Gate 27
611 Beacon Street SE
Minneapolis, Minnesota 55455

Dear Henry:

Many thanks for sending me a copy of your new book, *On the Trail of Heart Attacks in Seven Countries* and for writing your gracious note to me on its title page. I appreciate both very much indeed. I am really delighted that you did this book and I congratulate you for doing it in a style which makes the reading so fascinating. I do a yearly column on good books in cardiology and the next one will appear in the January 1, 1996, issue of the *American Journal of Cardiology*, and I will be sure to make some comments on your book there.

I hope things are going well. Thanks for remembering me and congratulations! All the best.

With warm regards,

William C. Roberts, M.D.
Executive Director

WCR/mm

The Bowman Gray
School of Medicine

Curt D. Furberg, M.D., Ph.D.
Professor and Chairman
Department of Public Health Sciences
(919) 716-3730

At meeting folder
11/4
SCS book letters

Winston-Salem 12/24/95

Dear Henry,

I can't tell you how pleased I was getting your letter and the book. You, Jerry S and others have taught me to speak up when you believe in something, even if it hurts. The debate on calcium antagonists has turned. People realize that the issue is broader -- the importance of documentation of safety, industry's priorities and ethics (or lack thereof), colleagues all too willing to put an industry-friendly interpretation of data, etc. Knowing that more damaging data are coming and having support from colleagues and friends keep me going. The story around the debate -- the good, the bad and the ugly -- is more interesting. Maybe I should follow your lead and publish the anecdotes. Your book is very well written and a joy to read.

Best personal regards

Yours Sincerely

CDF

Dear Henry

File ACSM
5/95

1/10/95

Many thanks for the interesting letter and attached information re the Seven Countries Study and the review by Leonard Wilson.

In regard to the gathering of the ACSM folks in Minneapolis 5/31-6/3/95. I was asked to put together a 90 minute show and tell re LPH's efforts pertinent to Sports Medicine. After contacting Ancel to see whether he might be available (apparently he will not be available because he plans to return to Minneapolis in mid June) I contacted several of the ACSM members who worked at LPH and we mutually set up the enclosed program which was forwarded to the ACSM program committee.

After contacting the School of Public Health some time ago I learned that you were in Florida. Now that I know that you will be in Minneapolis at the time of the meeting perhaps you would like to participate in the gathering by offering either the introduction or the summary - let me know re this and we'll make a change.

By the way your tribute to Martti Karvonen was excellent - most thoughtful.

Sincerely
Buz

UNIVERSITY OF MINNESOTA

Twin Cities Campus

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School of Public Health*

*Suite 300
1300 South Second Street
Minneapolis, MN 55454-1015
612-624-1818
Fax: 612-624-0315*

✓ *nb*
June 27, 1995

Henry and Emilie Buchwald
6808 Margarets Lane
Minneapolis, MN 55439

Dear Colleagues:

I still regret not renouncing my responsibility to the School of Public Health's 50th Anniversary last month to have lunch with Henry and "Cousin Art." I have admired Art and his writing for forty years. As I mentioned to him in our brief encounter at the hotel, I once had the idea of doing a satirical medical column using the pen name, Butch Artzwald, MD. The idea was better in theory than in practice. I could produce only one column. It takes a certain sickness as well as much talent to be a satirist. Apparently I have different maladies and insufficient talent.

I enclose the first of three volumes anticipated of my memoirs. I enjoyed putting these jottings together but couldn't imagine finding an interested publisher so didn't even try. Rather I engaged daughter Katia as editor, and a Florida friend as book designer, and had it privately printed locally.

You have more pressing things than this on your mind these days, but if you need diversion, I recommend a couple of the anecdotes: for example, "mystical mushrooms," "renaissance man in the forest, or "healing power of jazz."

Thinking of you in your tribulations, I'll expect the best. All of us in situations of large grant administration (borrowing from Peter to pay Paul) know how vulnerable we are to disgruntled or careless or dishonest administrators. I have had a wonderful administrator over the years, Dean Surbey, who is now leaving us because of his wife Marilyn's unhappiness in ORTTA. They are both getting fine new jobs at Emory. Marilyn Surbey has been Tony Potami's right arm for years, but she has "had it" with the University of Minnesota. A good administrator is clearly a major key to staying out of trouble.

All the best to you both.

Cordially,

Henry (nb)
Henry

✓
enc: new SCS book

PS Your recent note about a letter to the Daily by your lawyer didn't contain the letter promised. I'd much like to see it. H.

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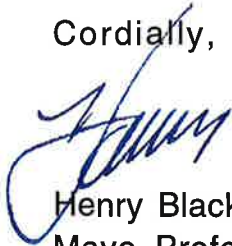
July 12, 1995

Professor Daan Kromhout
Director, Public Health Research Division
RIVM
PO Box 1
Antonie van Leeuwenhoeklaan 9
3720 BA Bilthoven, The Netherlands

Dear Daan:

Thanks for your good note about my Seven Countries story. I have felt pretty good about it, but, of course, was particularly anxious to get your and Alessandro's and Ancel's reactions along with the PIs. So far everything is generally favorable. I had a good time putting it together.

Cordially,



Henry Blackburn, MD
Mayo Professor of Public Health

Northwestern University Medical School



Department of Preventive
Medicine

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Kiang Liu, PhD
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Jeremiah Stamler, MD
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Linda Van Horn, PhD, RD

July 10, 1995

Henry Blackburn, M.D.
Division of Epidemiology
School of Public Health
University of Minnesota
1300 South Second Street/Suite 300
Minneapolis, MN 55454

*7/27/95
✓ per RL
file 7 complete letters*

Dear Henry:

Thanks much for your thoughtfulness and consideration in sending us a copy of your book, "ON THE TRAIL OF HEART ATTACKS IN SEVEN COUNTRIES". Rose and I look forward to reading it in the days ahead.

By way of follow-up on a matter you mentioned in your letter to us in Pioppi a few weeks ago, you share our gratification -- I am sure -- in learning that INTERMAP has been funded, including awards for all the U.S. centers and for the U.S. coordinating facility here and its arms in Chapel Hill, London, and Minneapolis. We are up to our proverbial eyeballs in further work (efforts have been ongoing for months) in preparation for the field work ahead.

All the best to Stacy and yourself from Rose and me.

Cordially,

Jeremiah Stamler, M.D.