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4/24
April 21, 1995

A. Richey Sharrett, MD, DrPH
DECA/NHLBI/NIH
Federal Building, Rm 2C-08
7500 Wisconsin Avenue
Bethesda, MD 20892

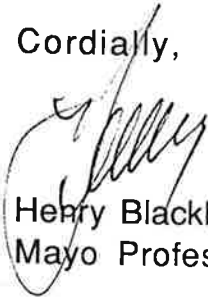
Dear Richey:

Two or three years ago I promised you the enclosed study of a fat tolerance test and never sent it because I couldn't find it, the sole copy of the reprint. Obviously this publication made a tremendous impact on the field! Even I buried it.

At any rate, it was confusing, with the degree of variability of lipemic responses to a heavy fat breakfast. We also examined and photographed conjunctival capillaries for rouleaux and sludging and found some people remarkably sludged at the peak of lipemia, but, finding no relationship in most people, we gave it up for a lost cause.

I still think there must be something there in the physical characteristics of blood after a fatty meal, but 40 years later it doesn't look to me as if we are much further ahead. Please let me know if I'm wrong.

Cordially,



Henry Blackburn, MD
Mayo Professor of Public Health

✓ Enclosure

pc: Aaron Folsom

w/ reprint