

*Cedric file.*

8 WENTWORTH HALL, THE RIDGEWAY, MILL HILL, LONDON NW7 1RJ  
21 June 1994  
TELEPHONE 081-959 8742

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file corresp.*

Dr Henry Blackburn,  
School of Public Health,  
University of Minnesota,  
1300 South 2nd Street,  
Minneapolis, MN 55454,  
USA.

Dear Henry,

Lorna and I have just returned from two very good weeks in France, one in Paris and one staying with friends who have settled in the region of Albi (near Toulouse). Returning to England makes one terribly conscious of what a small island this really is, and how overcrowded compared with the splendid countryside of France with its relatively low population density. Nevertheless, living on the fringe of London where there are still working farms and horse droppings on the road, allows one to pretend that all is not lost. I have to go into London itself for a meeting tomorrow and I no longer look forward to it.

I was delighted to receive the copy of "The Seven Countries Study. A scientific adventure in cardiovascular epidemiology" and the flyers about it and the next accompanying volume. I enclose a copy of a letter I have written to the Editor of The Lancet suggesting that he publish a short review drawing attention to the availability of the book. He may decide to wait until the other one is also published and so draw attention to both of them. My inclination is to review the one that is now available and possibly review the other one in another journal later. Please let me know if you have any comments to make on what I have proposed. Thank you also for the reprint on Physical Activity and the Risk of CHD, which comes at an opportune time, as I have to write a single page Factfile for general practitioners in the UK on this subject.

The book on peripheral vascular disease that I mentioned to you is "Epidemiology of Peripheral Vascular Disease" edited by F G R Fowkes published by Springer-Verlag 1991, ISBN 3-540-19696-X. It would be wonderful if the data from the Seven Countries Study on PVD could be produced, as it cannot but be important.

I have not forgotten that I promised you two slides on the Seven Countries Study. They will come later as they have to be copied.

It was very enjoyable to be with you and Stacey during the proceedings in Glasgow and I thought the meeting was useful and provocative. It is not my favourite city but the people there are so hospitable that one can perhaps forget the climate and the rest.

With kindest regards,  
Yours sincerely,

*Jerry*

Professor A G Shaper.

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The Editor, The Lancet,  
42 Bedford Square, London WC1 3SL.

Dear Dr Fox,

I wonder whether you would be interested in another contribution to the Commentary section of your journal? The Seven Countries Study, initiated by Ancel Keys and his colleagues in the 1950s, is arguably the most important epidemiological study relating to cardiovascular disease. The principal investigators have now produced a monograph entitled **"The Seven Countries Study. A Scientific Adventure in Cardiovascular Disease Epidemiology"** which is currently available from the Netherlands. The enclosed flyer will give you some idea of what the book is about and also draws attention to a further publication (**"Lessons for Science from the Seven Countries Study"**) which will be available in October 1994.

I think it would be of considerable interest to your readers to know of the content and availability of the currently available monograph and to know that a further, more detailed, companion volume is to appear later in the year. Would you consider a brief review of this monograph for the Lancet? I have a copy and could readily prepare such a review.

With best wishes ,

Yours sincerely,

  
Professor A G Shaper.