

of the SCS - population differences, weight and physical activity, multivariate analyses and longterm prediction - are briefly reviewed and throughout the book there is an extensive bibliography of all publications up to 1993. Fred Epstein writes with his usual precision and clarity on the public health implications and the editors conclude with a look at the future of the study, joining with Ancel Keys in their belief that "The period of epidemiological exploration of these matters is not over, and there is still a lot to be learned from the experiments of nature". This delightful and enjoyable book deserves to be read by all those fascinated by our attempts to explain geographic differences in disease incidence and by anyone who wants to get the feel of what endeavour in the population sciences is all about.

A G SHAPER.