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Dr. Elsworth Buskirk Professor, Applied Physiology Human Performance Lab Pennsylvania State University 119 Noll Lab University Park, PA 16802-0001

Dear Buzz:

I hear that the College of Sports Medicine is coming to the Twin Cities next spring. I look forward to seeing you and former colleagues at that meeting. I heard some rumor that you were going to do something again on the old LPH, and conceivably on the new LPH. I am sure you will put that in "balance," in that all of the personnel, staff, and skills of the old LPH, except for Art Leon, were converted to the activities of the Division of Epidemiology. It is now a large, balanced academic division with major programs in cardiovascular, cancer, infectious disease, health behavior, nutritional and genetic epidemiology. So, the main legacy of the LPH is really in the current Division of Epidemiology. On the other hand, we have all been very pleased with Art Leon finding an environment in which his talents were recognized and we are on a very good and cordial footing with that new institution that he presumes to call the LPH. It would be a good time to help heal past rifts, rather than exaggerate them by any undue emphasis on one or the other institution as the successor to the LPH.

I recently encountered the enclosed history of the LPH, which is fairly insightful, written by Leonard Wilson in his History of the University of Minnesota Medical School published not long ago. I send it along for your amusement. I also thought that you might like to see a recent informal publication about the Seven Countries Study, including a chapter I did on the Railroad Study. There are already several companion volumes to this underway: one called "Lessons to Science from the Seven Countries

Study", being published in January by Springer-Verlag in Tokyo, including the Proceedings of the 35th anniversary of the Seven Countries Study; a 200-page that I have written, "The Seven Countries Study: Adventures in the Field," which I will probably have privately published; and Ancel's memoirs that we are working hard to try to get printed. They are very valuable, but should have been produced 10 or 20 years earlier in regard to memory, accuracy, and vigor or presentation. They suffer particularly from the phenomenon that you are familiar with; he tends to forget that anybody else was around in the course of his many studies. We are doing publications, and he is remarkably productive still.

I volunteered to Art Leon to help put together musical entertainment for the meeting, if anyone is interested. Other than that, I am looking forward to seeing you and P.O. Astrand and other wonderful colleagues.

I don't know whether you have seen the other enclosure, on "A Certain Age" that I composed last year for Martti Karvonen's 75th birthday.

Look forward to seeing you next May, during which time I will be here, but on sabbatical, prior to retirement.

Cordially,

Hely Blackburn, MD

Mayo Professor of Public Health

Enclosures:

SCS Book

A Certain Age

U of M Medical School History section