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Northwestern University Medical School



Department of Community Health and Preventive Medicine

680 N. Lake Shore Dr. Suite #1102 Chicago, Illinois 60611-4402 (312) 908-7914

Jeremiah Stamler, MD Dingman Professor of Cardiology

July 11, 1990

Henry Blackburn, M.D.
Director
Division of Epidemiology
School of Public Health
University of Minnesota
Stadium Gate #27
611 Beacon Street S.E.
Minneapolis, MN 55455

Dear Henry:

Just a brief note, being dictated on our last day in Pioppi (June 25), first to offer warm and hearty congratulations on your deservedly receiving the Gold Heart Award from the AHA. We were delighted to see the press release on this.

Let me take the opportunity to say thanks to you for your consideration and kindness in sending the text of your remarks at the banquet in San Diego at the time of the banquet there in connection with the Council on Epidemiology meetings.

Have you read the article in Nutrition Reviews by Stanley M. Garn and William R. Leonard, in volume 47, number 11, November, 1989, pages 337-345 entitled, "What Did Our Ancestors Eat?" I know this is a subject to which you have given a great deal of attention. I would value your thoughts on this paper, and look forward to an opportunity to our exchanging ideas on this. Further, let me make a specific request: As you know, at Mario Mancini's initiative, working with Springer Verlag in Heidelberg, a new journal is being launched called Nutrition, Metabolism, and Cardiovascular Diseases. At Mario's request, I have agreed to serve as one of the executive editors for the next couple of years, with particular responsibility for the section on short reviews and viewpoint papers for this new journal. Might we prevail upon you to prepare a paper setting down your thoughts on this same theme, on human evolution, nutritional patterns, and their relevance for our present major chronic disease--particularly cardiovascular disease-problems. Such an article could be either a short review or a viewpoint

one, of about 3,000 words. I know you are very busy, but hope you could put this on the schedule for some time in the period ahead. I will be pleased to discuss this with you further. Should you wish, feel free also to propose one or more other topics on which you'd be willing to write.

Warm good wishes to Stacey, your colleagues and yourself from Rose and me. We look forward to being in touch on multiple matters of joint concern, and in all likelihood, will be talking with you before this letter reaches you, since I will be carrying the tapes home by the circuitous route of our return, via Sweden and England.

Cordially,

Jeremiah Stamler, M.D.

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P.S. As predicted above, we have indeed seen each other prior to this going to you. Much thanks for the pleasure of the good company at your home a week ago Sunday. And it was good having a breakfast exchange, and working with David, yourself and the others on the data and thrusts for the Oct. meeting.



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June 13, 1990

Rose and Jerry Stamler Northwestern University 680 North Lake Shore Drive Suite 1102 Chicago, IL 60611

Dear Rose and Jerry:

I see Darwin has gotten back to the Committee issues of future directions for the 10-Day ISFC Teaching Seminar. We're all grateful to you for the initiative you took in "fingering" him and K.T. Khaw for future responsibilities. I believe that decisions should be taken by the Council based on recommendations of the Seminar Committee and should probably be made both to the working group on the future of the 10-Day Teaching Seminar, and to me. Because two "appointees" were not officially designated through normal channels, and no dates for transition of responsibility were set, there are uncertainties which should be corrected.

So I would be grateful to you to consult with members of the Seminar Committee, if you would, and make a formal recommendation, with appropriate details, for a shift of functions and responsibilities. I am sure that we will be able to act promptly on those recommendations.

We hope you are having a happy time in Shangri La. I enclose notes made from the dinner in San Diego. I also enclose the essentials of something that I have sent you in detail by express mail to Chicago. It is a very troubling development in Council on which I need your advice.

Ancel is back and doing well but we have not gotten together yet.

I am requesting September 1st as my firm cut-off date as Division Director. There is a fair chance that a replacement will be named by that time or shortly thereafter. I am hoping now that the little light I see at the end of the tunnel is not an onrushing locomotive!

Cordially,

Henry Blackburn, MD Professor and Director

/nmf Enclosures

Summary of Henry Blackburn's comments in recognition of Jeremiah Stamler at the American Heart Association Council Dinner San Diego, CA March 29, 1990

In the beginning there was God.

Then came Jeremiah

Then came earth, water, air and fire.

On the international scene in our field, Jerry Stamler has been centrally involved from the outset, particularly in the activities of the Research Committee of the International Society of Cardiology. This was founded by Ancel Keys and Paul Dudley White at the 1958 World Congress of Cardiology in Brussels. From that moment on Jerry was in the fray, planning, (and sometimes plotting) the reorganization of the International Society of Cardiology into Scientific Councils a la American Heart. Jerry led those Councils in a critical period for the International Society and Foundation of Cardiology, always effectively dunning the Board, and the organizing committees of the World Congresses of Cardiology, for appropriate and full recognition of preventive cardiology and epidemiology in the program.

Jerry was centrally involved in the planning of both International Conferences on Preventive Cardiology. As President of the second, 1989 Washington conference he did much to make it a remarkable intellectual, professional, social and economic success. Of the substantial surplus, \$84,000 accrues to this AHA council and \$84,000 to the account of the ISFC Council on Epidemiology and Prevention.

But I'm getting ahead of the story. Jerry was a part of that very seminal meeting for world cardiovascular disease epidemiology and prevention, held in Makarska in 1968 where representatives of American Heart Association, Scientific Councils, the National Heart and Lung Institute, the Seven Countries Study Investigators, and officers of the ISFC, set forth a basic structure under which developed the 1970 NHLBI report on Arteriosclerosis, and the subsequent generation of NHLBI trials. At the same time, it helped set in motion the community research

demonstrations, starting in North Karelia in '71 and Stanford in '72 and in Minnesota and Rhode Island in '79.

Jerry and Rose were centrally involved in organization of the International 10-day seminars, the first of which was held at that famous Makarska Conference, and the second the following year, in Pioppi, Italy, their current home.

As to Jerry Stamler's contribution to our field, and to science and the public health, his conceptual and analytical skills, his wide and intense curiosity, his penetrating analyses and syntheses, his awesome, actually awful, energy, all these have put him in the forefront of leadership in our field. No one has provided more ideas. No one has mobilized more needed resources. No one has organized projects and programs more effectively. No one has inspired more people. No one has trained more people or advanced more careers. Jerry has made careers for dozens among us whom he has tapped for numerous central and collaborative undertakings, from the Diet-Heart Study to the Coronary Drug Project, HDFP, MRFIT and on up to Intersalt, and on and on.

Jerry Stamler has "shown us the way." He is the model of a rigorous scientific investigator comfortably combined with an effective activist and public health leader. Finally, he is an international figure in professional responsibility and human rights.

It's the "right thing" that we do here, as a Council, and as colleagues and friends, to recognize Jerry's contributions at this meeting of our Council, coincident with his 70th anniversary!

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Jeremiah Stamler, M.D. JS/ac

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