

Ornish-Ornish

PREVENTIVE MEDICINE RESEARCH INSTITUTE

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President & Director

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Henry Blackburn, M.D.
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Division of Epidemiology
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Stadium Gate 27
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Dear Henry,

Shirley and I miss seeing you, and we hope you're well and happy.

As you know, we have been conducting research to determine if lifestyle changes can reverse coronary atherosclerosis. Our interim data indicate that, for many people, it can.

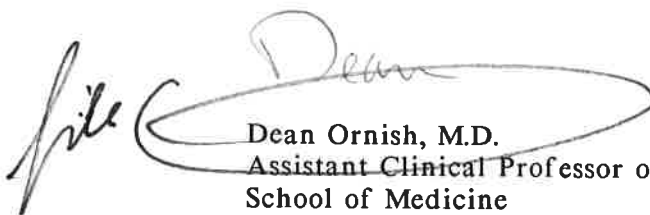
Enclosed is the final draft of a manuscript of our interim data. I would value your thoughts and comments. I will be presenting an abstract of these data at the 2nd International Conference on Preventive Cardiology in Washington, D.C., in June. If you have any time, I would enjoy having a meal or a drink with you there.

We recently were awarded a grant from the NHLBI to extend our study for four more years. This will allow us to determine if patients can maintain these lifestyle changes for four years and if the lesions will continue to regress.

I hope that you share in my sense of accomplishment, since you helped to inspire this work.

With best wishes,

Sincerely,

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