



UNIVERSITY OF MINNESOTA
TWIN CITIES

MULLIS
Division of Epidemiology
School of Public Health
Stadium Gate 27
611 Beacon Street S.E.
Minneapolis, Minnesota 55455
(612) 624-5400

October 24, 1986

TO: Rebecca Mullis
FROM: Henry Blackburn
RE: Mankato Cooking a la Heart Book

I still have not seen the Mankato Cooking a la Heart Book, but they are just about "there". I have agreed to write a foreword based on seeing a few of the recipes, and the text. They seem to have gotten reasonable advise and are very proud of having done it largely on their own. They asked me and I confirmed the importance of their adding calcium to the nutritional profile for the recipes.

I indicated that I would explore for them whether they have access to the mailing lists of HHC participants all communities. I think this would be a legitimate part of intervention. Also this Mankato intervention involving 125 people testing at least five recipes each must clearly have had a sizeable impact in Mankato and I am asking Maury to document that.

In another context, this week I was at the University of Michigan. Their Chief Nutritionist, Jewel Grinker, I expect a letter from soon. She is a sort of anti-everything person who asked me to explain the negative results of the Giant Foods Study. If you have that or some part of that, I think I should be familiar with it.

Finally, we must get something to the Dean concerning the letter soliciting the interest of the McArthur Foundation. Are we making any progress and have you sent anything directly to him and is it something we can talk about?

I failed to make a summary of our last general conversation and hope that you did and that you will share it with me. Thanks.