

PAUL DUDLEY WHITE, M. D.
264 BEACON STREET
BOSTON, MASS.

November 7, 1960

Dr. Henry Taylor,
University of Minnesota,
Minneapolis, Minn.

Dear Henry:-

In ten days or so I must go to London to speak to a lot of English executives with the title Facing Coronary Heart Disease and I would like to ask you one question as part of my ammunition.

In your railroad study, did you include executives among the group of clerks and dispatchers or weren't they included at all? The other two groups, as I remember, were the section hands and the switchmen.

What do you know about any appraisal of the candidacy of executives vs. other groups in the U.S.A. or elsewhere in the world?

Can you boil that down into a paragraph or two for me at your early convenience?

Sorry to bother you but your work is very helpful in my current efforts to establish positive health habits in young and middle aged white males.

*With kindest regards
and many thanks.*

Sincerely yours,

Paul J. White

PDW:D

November 14, 1960

Dr. Paul D. White
264 Beacon Street
Boston, Massachusetts

Dear Dr. White:

We have collected data on executives and dispatchers. We intend to develop death rate data on executives and dispatchers, but this has not been completed and we do not have a set of figures which are comparable to those which are available for clerks, switchmen and maintenance of way.

We have also examined some 283 railroad executives and here we find that the prevalence of coronary heart disease among the examined population is of the same order of magnitude as that which we found among the clerks. This finding must be qualified because we examined only 70% of the invited population.

As an illustration of what we found you might quote the following figures:

Clerks, age 50-59, 500 men examined, 34 cases of coronary heart disease were found giving a rate of 68/1000.

Executives, age 50-59, 168 men examined, 11 cases of coronary heart disease were found giving a rate of 65/1000.

Switchmen, age 50-59, 311 men examined, 11 cases of coronary heart disease were found giving a rate of 35.4/1000.

As none of these figures have been published I would appreciate it if you would confine their immediate use to verbal communication.

Sincerely yours,

Henry L. Taylor

HLT:mn