

October 15, 1969

Dr. Fredrick J. Stare
Professor of Nutrition
Harvard University
School of Public Health
Boston, Massachusetts 02115

Dear Fred:

I wish you would look at item three in the list of tentative recommendations for physical activity mailed to you yesterday.

It seems to me that a reasonable case can be made that a great many physicians are now not prescribing preventive measures for their high risk patients because the necessary supporting personnel are not available. If a half a dozen carefully placed centers staffed with properly trained people were made available to reasonably sophisticated physicians, a real need would be demonstrated. Operational research which would improve our knowledge of how to effectively implement modification of coronary risk factors could be conducted in an efficient setting.

I understand that under A. H. A. guidance and stimulation a number of CHD risk modification projects have been proposed and a few funded by H. E. W. and other sources. However I have been led to believe that perhaps with one or two exceptions the projects have not been designed to provide adequate service in all areas of prevention and well designed evaluation of the risk factor modification has not been a uniform characteristic of the projects.

A recommendation for a coronary heart disease prevention center which only deals in physical activity does not make much sense.

Dr. Stare (continued)

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Do you feel that in the present context a recommendation for a center which dealt exclusively with nutrition and physical activity would be more appropriate?

Do you think this is the time and place to push the A. H. A. goals or should this be done through some other mechanisms?

Sincerely yours,

Henry L. Taylor

HLT:mk

cc: Dr. James Hundley
Dr. Albert Kattus
Dr. Albert Stunkard
Dr. Jerome Green
Dr. Jules Hirsch

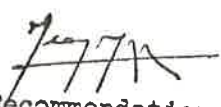
MEMORANDUM

THE WHITE HOUSE

WASHINGTON

October 9, 1969

TO: Panel Chairmen and Vice Chairmen

FROM: Dr. Jean Mayer 

SUBJECT: Submission of Recommendations, and Procedure for the Conference

As we approach the date of November 1 by which all proposed recommendations from the panels are requested, it is important that some specific directions for format and presentation be outlined in order to assure a degree of uniformity that will make our handling of the considerable number of recommendations effective. All panels have had at least one meeting and most a second or third meeting and are now putting together proposed statements for final review by the panel at its final meeting. Although I have discussed this matter with all panel chairmen, I believe the following will be helpful.

It is requested that each recommendation be submitted on a separate sheet and that it be presented with a first paragraph giving a background statement, a second paragraph containing a brief statement of the objective, if this is needed, and a third paragraph stating the recommendation. The recommendation should contain a statement not only of the recommendation itself couched in terms of National goals, but also some reference to priority, proposed time of accomplishment, and reference to cost if this is appropriate and feasible. It is hoped that the recommendations would be so stated as to permit an evaluation of implementation at a later time. Minority opinions and dissents should be included in an appendix. It is more important to get a clear majority recommendation than to strive for unanimity at the cost of vagueness.

It is hoped that the recommendations can be contained in a Section I of something like 10 pages of material and that any additional supporting material will be included as Section II of the report. It is our purpose to duplicate Section I of your reports to be sent not only to all members of the technical panels, but also to members of the Task Force groups in Sections VI-B and C, these representing Women's Groups, Consumer Groups, the Clergy, Labor, Student, etc.

With your recommendations in hand by November 1, we will do what editing seems essential for clarity and duplicate the material by November 10, for distribution to all panel and task force members. The Task Force groups will meet in mid-November, and following their review of your recommendations will prepare additional recommendations or amendments relating to their own interests. Their material is requested by November 20 and will be duplicated and segregated to relate to each of the technical panels and be available for all participants as well as panel members by December 1. Thus, participants will have in hand a complete set of recommendations and any amendments offered by the Task Force groups as they meet with the panels on December 2, 3, and 4.

Following the discussions at the Conference that take place during the 3-day session, your panels will have an opportunity on December 5 to review, alter, or amend your recommendations in light of those proposed by the Task groups and the amendments that may come from Conference discussions. We expect, then, that the completed recommendations will be available to the Conference staff at the end of the day of December 5.

The panels of Section VI-A have this special consideration, that only those recommendations that relate to proposed Government action are required to be submitted to the above sequence.

With reference to the Conference, as we have already indicated, panel members are expected to arrive in Washington on the evening of November 30 and will have the full day of December 1 for reviewing the recommendations and amendments offered by the Task Force groups. This will give an indication of the kinds of questions that may be raised at Conference discussions during the following 3 days and will encourage careful planning for the Conference discussions. Participants will be requested to present their principal points in writing to the Chairman of the session although the discussions obviously cannot be fully recorded.

It has occurred to us that it may be desirable to have a person outside the panel to chair the panel session at the Conference. I would ask your opinions and comply with requests from each panel Chairman as to the manner in which you would like to proceed. The alternatives are to have the panel chairman chair the session with the Vice-Chairman as the spokesman for the panel in reply to questions; or this in reverse might be requested. Also, where it is desirable, we can appoint a person skilled in conducting meetings to act as Chairman of the session, leaving all members of the panel free to concern themselves with the discussions and considerations of possible amendments to the recommendations that may derive from the session.