



UNIVERSITY OF MINNESOTA
TWIN CITIES

Laboratory of Physiological Hygiene
School of Public Health
Stadium Gate 27
Minneapolis, Minnesota 55455

Dr. Kan
12/3

14 August 1979

Irving J. Cohen, Executive Editor
Cardiovascular Medicine
280 Madison Avenue
New York, N.Y. 10016

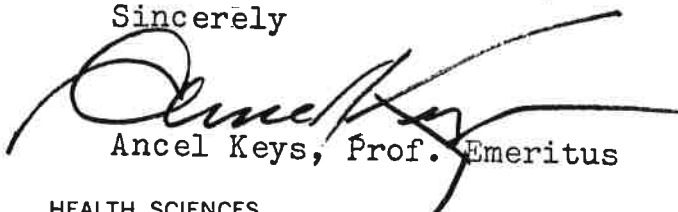
Dear Mr. Cohen,

Enclosed is my ms., "Overweight, and Obesity : The Risk of Coronary Heart Disease." Besides 15 typed pages of text there is a table and 30 References. These last are needed to document the evidence that denies the common belief that overweight is a major risk factor for the development of coronary heart disease.

I think you will see how I can so confidently conclude that the common belief until now is simply an extrapolation from insurance company data on death from all causes among policy holders who are by no means a proper sample of overweight Americans. And the evidence to the contrary comes from many studies with far better data and better analysis. I fail to find any data from outside the insurance industry that indicates overweight is a major, independent risk factor.

From late August until mid-November I shall be in Europe, almost all of the time at our home in Italy, "Minnelea," 84060 Pioppi (SA). My telephone there is easily called direct from the States by dialling 011 39 794 90 51 06. Only my wife and I ever answer that telephone so it is unnecessary to speak Italian.

Sincerely



Ancel Keys, Prof. Emeritus

HEALTH SCIENCES