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February 25, 1986

P.O. Astrand
Karolinska Institute
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Lidingovagen 1
S-114 33 Stockholm
Sweden

Dear Per-Olof:

It was nice to hear from you last October. I've been in extensive travels since that time with the US/Japan Health Treaty and others. Also, I've been appointed to the National Academy of Science/NRC Committee to produce a "definitive report" on Diet and Health. It seems to be an excellent group that can work together.

The winter here gets long, but skiing is still delightful.

Please let me know if you're headed this way anytime soon, and try to sit down and visit with us if you do.

Anna Hallgren has not contacted us, so far as I know. We would be happy to meet her.

Cordia 11y,

Herry Blackburn, M.D. Professor and Director

HB:st

P.S. I think you may have seen one of these. I continue to try to satirize our high-tech, academic and clinical colleagues.

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October 18, 1985

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Henry Blackburn, M.D.
Professor and Director
University of Minnesota
Division of Epidemiology
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Dear Henry:

Thank you very much for manuscript and letter with good thoughts and inspirating dialogues. I am so busy with proofreading a 3rd edition of our Textbook of Work Physiology so I have so far not been able to devote time to the Gothenburg manuscripts.

A good friend of mine, Lennart Hallgren (teacher in physical education), has for a year his daughter Anna in Minneapolis on an exchange program. Apparently she is full of energy and she might contact you and I thought it could be very educational for her if someone in your team could spend some minutes and share with her some aspects of your great program; I do not know any details of her activities during her USA-sojourn, whether or not she has a potential to give a hand somewhere, etc.

We have had our first below 0°C nights and realise that there is a winter to come.

Irma gives her regards

Cordially

P.O. Astrand