

corres - Paffenbarger

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DEPARTMENT OF FAMILY, COMMUNITY
AND PREVENTIVE MEDICINE

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Area Code 415
497-5081

Henry Blackburn, M.D.
University of Minnesota
Laboratory of Physiological Hygiene
Stadium Gate 27
Minneapolis, Minnesota 55455

Dear Henry,

Jerry Morris has encouraged me to submit names of American epidemiologists now concerned with physical activity or work and leisure time for its relationship to cardiovascular or other chronic disease risk. Apparently he, through Bill Zukel, is anxious to establish a workshop where current issues in this area would be discussed and investigation would be encouraged. It would seem that physical activity should not be considered as an isolated factor, rather dietary habits and other established risk characteristics should also be considered.

I have given Jerry the names of Blackburn, Taylor and Leon from your place; LaPorte and Kuller from Pittsburgh; Haskell and myself from here; and Naughton and Oberman from the American Collaborative Trial. These are the epidemiologists currently working in the area that I am aware of, and of course there are (as I mentioned to Jerry) a number of exercise physiologists and the like concerned with other than field trials, e.g. Bruce, Fox, Ellestad, Froelicher and de Vries.

I write for any suggestions you have along these lines. Are there others in this country currently working or intending to activate projects that would evaluate exercise, diet, etc. in relation to cardiovascular disease risk?

Sincerely,

Ralph S. Paffenbarger, Jr., M.D.

VRT. Ralph S. Paffenbarger, Jr., M.D.
Professor of Epidemiology

done 4-3-81
Henry: help names?

RSP/vrt