NORTH KARELIA PROJECT



Kuopio, 15 May, 1981

Prof. Henry Blackburn Laboratory of Physiological Hygiene LB number to TK

follows.

Blackburn School of Public Health University of Minnesota Stadium Gate 27 611 Beacon Street SE MINNEAPOLIS, MN 55455 U.S.A.

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Dear Dr. Blackburn,

I would like to thank you for giving me a possibility to follow the staff meeting of your community study. I am glad that I was able to meet so many outstanding experts of your group. I was really impressed by the comprehensive expertise that is represented in your staff.

I had the opportunity of getting detailed information about the methods used in your surveillance study in Minneapolis. This will be very useful in developing identical data basis and diagnostic criteria for events (AMI, stroke) to be monitored in Finland. Tom Kottke was very helpful and I am very grateful for him for his other help during my visit as well.

Tom and I were thinking about the possibility to conduct a study to compare the incidence and mortality of AMI between Minneapolis and North Karelia. This would be possible since we have collected identical diagnostic data (we still have got all ECG recordings since 1972) in North Karelia. The comparison could concern the years 1970 (Minneapolis) and 1975 (North Karelia) and 1979/1980 from both areas. Tom will discuss this idea with Ron Prineas.

One of the reasons of my visit in U.S.A. was my interest in working there for a year or two. Our study (North Karelia project) will be less active in 1982-83 after our 10-year survey in spring 1982.

In the Finnish monitoring project there will also be a quiet period between 1983-1986 since we are doing risk factor surveys only with five-year intervals and the disease-monitoring will be well under way. My wife will finish her studies in medicine in 1983. I will get my salary from the Finnish Academy of Sciences for the next five years and they will also pay me a part of my salary if I am abroad. Thus I would need a partial financial support from an U.S.A. source. I would be interested in working in some of the community/surveillance studies being conducted in the States. I would very much appreciate getting your opinion about the possibilities of doing this.

It was nice meeting you in Minneapolis.

With best regards,

Yours,

Jukka T. Salonen

Julla Sala

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Prof. Pekka Puska