

CORRES - Rowell

UNIVERSITY OF WASHINGTON

SEATTLE, WASHINGTON 98195

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School of Medicine
Department of Physiology
and Biophysics, SJ-40

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NLT Alder ✓ one pc in file JB

Dear Henry:

I am dutifully following your orders - words from on high (Braniff - Dallas to Seattle) follow. Since this is a personal letter to an old and dear friend, I will speak bluntly.

The ASCM deal is clearly a compromise and I sense that you seemed a bit surprised by my acceptance. Although I feel that nothing should be spared for Henry because----you know all the rest----I still think it is a sensible compromise that brings in solid contributors to our particular scientific culture and many of these contributors know and deeply respect Henry. So be it.

Now for business. After 48 hours of wrangling on a difficult site visit, and some therapeutic doses of ethanol, I will speak freely about the program.

I see some problems in our program outline, Part 1, Physiology. Organizers and principal speakers have been separated and I agree with this logic but on page 2, Part 1.a., Rowell is listed as principal speaker. We need some reorganization. Here is how I currently see Part 1 (I am assuming that all principal speakers should be progeny - "outsiders" can be discussants).

1. Physiology

- a. Introduction - history - Henry's work in perspective. Chapman? Grande would be superb here but the problem is he would be so anywhere in the program. Can we use Grande twice since Chapman may be banquet speaker? Note: We might also want to consider a contribution from John Shepherd. He worked together with Henry, Yang and me for some time.
- b. Max \dot{V}_{O_2} in health and disease. The physiological significance of the maximal oxygen intake. Limitations in circulatory, respiratory and/or metabolic function. Basic ideas behind the measurement, etc.
 - i. In health - what has the \dot{V}_{O_2} max taught us about the human cardiovascular system? Blomqvist would do well here (Buskirk's orientation is more applied and descriptive).

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- ii. In disease - unfortunately Blomqvist is also the best bet here as well - but to save (1.) (above), alternate suggestions are Yang Wang, Al Kattus, Bert Hamrill. Other options here would be Bob Bruce (but Bob's presentations tend to be long and stray often from the point). Bert Hamrill is a long way from the area now as a successful cardiac muscle mechanic - but very smart and well able to put things together. Basically we need a clinician with Henry's vision here.

Discussants: Blackburn, Leon, and possibly Haskell, Bruce, Kattus, Hamrill, also consider Gollnick and Dempsey.

- C. Human responses to environmental stress, malnutrition, dehydration, etc. Perhaps we need an overview here by Grande or Keyes.

- i. Environment. Buskirk.

- ii. Nutrition. Keyes (Grande). Should we consider a look back at the biology of human starvation - Keyes, Mickelson, Henschel, and Brozek?

I am concerned about the best use of Paco. He is such a fantastic scholar - his insight and breadth would make any part of this program stand out.

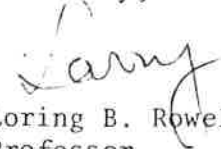
Discussants: Henschel and possibly Charles Tipton, Joe Anderson? Olaf Mickelson? Brozek is such an asshole he is bound to mess this up - can we put him on something benign?

- 2. I leave this to your good judgment. Just one suggestion - don't make Karvonen a principal speaker - he's deadly. Did you intend to include Tom Puchner?

So much for this stream of consciousness. Stay in touch.

Warmest regards.

Sincerely,


Loring B. Rowell, Ph.D.
Professor

LBR:ps

P.S. Tried to call you about this this morning. Decided to run off a dictation instead.

P.P.S. Would you please send me a copy of Henry's bibliography. This may help a lot in planning Part I of the program.