

# Arteriosclerosis

A Journal of Vascular Biology and Disease

An Official Journal of the  
American Heart Association



*Reply on tape*

September 14, 1981

Henry Blackburn, M.D.  
Director, Physiological Hygiene Laboratory  
University of Minnesota  
Stadium Gate 27  
611 Beacon Street S.E.  
Minneapolis, Minnesota 55455

Dear Dr. <sup>Henry</sup> Blackburn:

I have just learned that you are participating in a postgraduate seminar on obesity at the American Heart Association meeting in Dallas in November. Would you be interested in preparing a state of the art review on your topic, "Obesity as a Risk Factor for Arteriosclerosis" for publication in our journal at a convenient and early time?

You would have a great deal of flexibility regarding possible collaborators, length, style, and material to be included in this review. Generally, 10-20 printed pages including references (2.5 manuscript pages per printed page) would be a useful length. I enclose our Guidelines for Authors for your information.

I look forward to hearing your reactions to this invitation.

Sincerely,

Edwin L. Bierman, M.D.  
Editor

ELB/av

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September 22, 1981

Edwin L. Bierman, M.D., Editor  
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1107 N.E. 45th Street, Room 316  
Seattle, WA 98105

Dear Ed:

I am pleased and flattered by your invitation to write a review article on "Obesity as a risk factor for arteriosclerosis". For a series of reasons which I won't bore you with, I am not assuming any writing obligations outside current commitments. It seems I have spent much of my creative energies in the last six years in writing review chapters. I am trying to get back to doing a little research and paying more attention to our burgeoning research program and department here.

The "old man" Ancel Keys would be absolutely delighted, I am sure, to accept such an obligation. This is one of his major interests for the last 30-40 years. It would not, however, be a dispassionate or balanced review, but it would be interesting and provocative. I enclose the chapter from his last effort.

The enclosed are the last things I will do for some time of a review nature. They also are not entirely "balanced", but we had a good time doing them and hope it's useful to have in one place. I don't believe that all these disciplines have been brought together with regard to diet, salt and hypertension.

I hope you will forgive my lack of response at this overwhelmingly busy time for our laboratory. In addition to administering our major new grants, we are making plans for a merger with the Division of Epidemiology, which I will head, and my administrative responsibilities are overwhelming. I hope that I can come back to you on another occasion, when I might be able to do something of mutual interest.

I was rather impressed with Bob Wallace's article in the recent Supplement to Circulation on Alcohol and Coronary Disease, Vol. 64: Suppl. III, 1981. He and/or Steve Hylley would be in a position to do an excellent review on that topic with little effort at all, if it were of interest to you.

Finally, I have reviewed the subject of physical activity in coronary disease recently, which I could offer, but that may be a little too "applied" for your readership.

Cordially,



Henry Blackburn, M.D.  
Professor and Director

HB:lr

enclosures

*last 2 reprint lists*

*Rome ms.*

*Chapt. 10 in Seven Countries Ancel Keys*