



UNIVERSITY OF MINNESOTA
TWIN CITIES

Laboratory of Physiological Hygiene
School of Public Health
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Colms-Richardson

August 18, 1981

Stacy Richardson
Science Writer
Journalism and Mass Communication
Room 111, Murphy Hall

Dear Stacy:

It was good to meet you. My enclosed reprint from a Houston meeting is the "latest" there is on cultural comparisons and the epidemiology as derived from the Seven Countries Study, the only really valid international comparisons.

I've also enclosed the Salt manuscript which will give you a good deal of background material on salt as well as some of the conceptual bases for development and prevention of heart diseases as we discussed.

The article on lifestyle by Jeremiah Stamler is the same message from a somewhat different vantage point and contains lots of good solid data. Then I'm sending along a copy of the two-part article on a Public Health View of Diet. You will recall that the second part of the article has to do with the cholesterol raising and lowering social forces, the first dealing more with the Seven Countries background. Keep in touch. Thanks.

Sincerely,

Henry Blackburn, M.D.
Professor and Director

HB:blh

Enclosures

- 1) HB's Rome manuscript
- 2) HB's Houston reprint #981
- 3) HB's reprint #995 -- The Public Health View of Diet and Mass Hyperlipidemia
- 4) Reprint: Stamler, Jeremiah. Lifestyles, Major Risk Factors, Proof and Public Policy. Circulation, Vol. 58, No. 1, July 1978.

bpc: K. Greer
F. G. Kline

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