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May 7, 1981

Prof. MUDr. Zdenek Fejfar, Dr. Sc. Mensikovska 18 160.000 Prague 6 - Hanspaulka Czechoslovakia

Dear Zdenek:

This is a belated thanks for your lovely Christmas card and its picture of the bridge and cathedral. Congratulations on your two books, their completion and their embracing of both physiology and prevention. I would very much like to get down some of my ideas on prevention, before they are entirely obsolete, but I am not sure I will have that chance.

I very well remember a comment of yours of a decade ago that went something like this: "Henry Blackburn might do something at Minnesota." The picture is now clear that we are doing something. But the question, of course, is how well and how important? Our four scientific tracks, epidemiology, physiology, nutrition and health behavior are moving forward briskly. We have never built the nutrition section back since the simultaneous retirement of Keys, Anderson and Grande. Too big a loss! Health Behavior is the youngest and most vigorously growing track.

We are funded for long-term community surveillance efforts and a major research and demonstration project for multiple-strategy education in progressively larger Minnesota communities over this decade. It is different from Stanford and North Karelia because of the large direct, face-to-face education component.

We are enjoying life though it has been difficult getting these huge activities underway and coordinated in the midst of terrible personal turmoils. You may have heard that I lost my 28 year-old son last fall with a cerebellar malignancy.

It would be good to see you. I have no plans to go to Moscow for the '82 Congress. I have been almost entirely out of the international scene, in part by choice and in part by the rather total dominance of the picture by

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Jerry Stamler. But it has been a time to stay home and get things done here. I will be back on a WHO Expert Group this fall.

Thanks for your note and best regards to you and yours.

Cordially,

Henry Blackburn, M.D. Professor and Director

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