



UNIVERSITY OF MINNESOTA
TWIN CITIES

Laboratory of Physiological Hygiene
School of Public Health
Stadium Gate 27
611 Beacon Street S.E.
Minneapolis, Minnesota 55455

copies - Grundy

August 26, 1981

Scott Grundy, M.D.
Chairman, Department of Medicine
Veterans Administration Hospital
3350 La Jolla Village Drive
San Diego, California 92161

RE: Statement for the Physician

Dear Scott:

I see that you didn't include in your latest version our earlier crude effort to develop CHD rates for comparable serum cholesterol levels for different cultures. Dr. Keys is now here in the laboratory and we've gone over the data. We don't have incidence data for the U.S. Railroad for ten years, only deaths. In addition, the number of CHD deaths in Greece is too small (only seven cases) to be meaningful. So herein is the probability of CHD death in ten years for three representative areas - Finland, U.S. Railroad, and Mediterranean areas which may be of some use to you.

We realize this is not as neat as having incidence rates, but it provides an example of the point you wanted to make; probability of CHD in men aged 50 without manifest coronary disease at entry. It does not adjust for other risk characteristics but it is proper to disregard smoking, weight and physical activity because they do not discriminate between cohorts.

I think this would be a useful display if you want to use it.

My apologies for missing the recent Dallas meeting. Please call me if there's anything I can do in respect to that report. Under separate cover, you'll receive a "final" reaction on your report and Insull's.

Cordially,

Henry Blackburn, M.D.
Professor and Director

HB/ljb
Enclosure

THE UNIVERSITY OF TEXAS
HEALTH SCIENCE CENTER AT DALLAS
Southwestern Medical School

5323 HARRY HINES BOULEVARD
DALLAS, TEXAS 75235
TELEPHONE (214) 688-2149

CENTER FOR HUMAN NUTRITION
Room G4-100

September 9, 1981

Henry Blackburn, M.D.
Professor and Director
Laboratory of Physical Hygiene
School of Public Health
Stadium Gate 27
611 Beacon Street S.E.
Minneapolis, Minnesota 55455

pc A. Keys + return

Dear Henry:

Thank you for your recent correspondence about the Statement for Physicians. I had in fact included a table in the last version on the information you gave me about the incidence of CHD in various countries at comparable cholesterol levels, but it was at the back and perhaps was lost from your copy. At any rate I am delighted with the revision that you have included, and I will use this in the place of the last table.

I would like to know how to quote (what reference) this work. Should I say "personal communication" or is the information implicit in the report on the Seven Countries study? I am in the process of looking up all the references for the statement.

I have also received your detailed review of this statement dated August 24 and addressed to Mary Winston. I greatly appreciate all the effort you have spent on this paper, and your comments will help to improve it.

You mentioned the meeting held in Dallas. Personally, I thought it went well, and I believe that a reasonable compromise was reached on the way to proceed with the development of new statements and in particular with the one on dietary recommendations for children.

Thank you again for your efforts. You may notice that I am now living in Dallas where it is easier to get to the AHA headquarters. Did I tell you about the move previously? I can't remember. I hope to see you soon.

With best regards,

Scott
Scott M. Grundy M.D.Ph.D.
Director
Center for Human Nutrition



UNIVERSITY OF MINNESOTA
TWIN CITIES

Laboratory of Physiological Hygiene
School of Public Health
Stadium Gate 27
611 Beacon Street S.E.
Minneapolis, Minnesota 55455

Corres - Grundy

September 18, 1981

Scott M. Grundy, M.D., Ph.D.
Director
Center for Human Nutrition
The University of Texas
Health Science Center at Dallas
5323 Harry Hines Boulevard
Dallas, TX 75235

Dear Scott:

The correct reference for the Seven Countries estimates will be:

Keys, A. Seven Countries. A Multivariate Analysis of Death and Coronary Heart Disease. Harvard U. Press, 1980.

Congratulations on your excellent new situation and Center.

I will be happy to write a detailed note about Dr. A. Horvat if you need it. She was the assistant of Ratko Buzina of the Institute of Nutrition in Zagreb and is noted for her conscientious work. She doesn't seem to know how to "work the system" for her own independent investigative career, but should be good support.

Cordially,

Henry Blackburn, M.D.
Professor and Director

HB:lmr