UNIVERSITY OF MINNESOTA TWIN CITIES

Laboratory of Physiological Hygiene School of Public Health Stadium Gate 27 611 Beacon Street S.E. Minneapolis, Minnesota 55455

February 1, 1980

George E. Burch, M.D. Tulane University Department of Medicine Administrative Offices 1430 Tulane Avenue New Orleans, LA 70112

Dear George:

Thanks—for your New Year's greeting. I was able to put together a nice little show with Willie Humphrey and crew for Jim Warren and Ed Frohlich in the Royal Orleans last weekend -- a great pleasure.

I was glad to see the South African article, though it is poor. Cyril Wyndham has arranged for me to return to Johannesburg this Spring to advise their MRC on prevention strategies. They will support my visit to Dart's archaeological sites and a return via Kenya to visit Rechard Leakey. I am enjoying exploring the diet and activity of Early Man and suspect (nothing new) that many modern "metabolic maladaptations" (obesity, hyperinsulinism, hypertension, hyperlipidemia) have to do with our very "recent" departure from the hunter-gatherer economy. We can't go back, but we can perhaps better understand.

Regards,

Henry Blackburn, M.D. Professor and Director

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