



AMERICAN HEART ASSOCIATION, INC.

44 EAST 23RD STREET, NEW YORK 10

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Dear Ancel:

You probably already know that I take you to work with me in the morning in the Herald Tribune, which I buy before climbing aboard the Weary Erie. As indicated in our last discussion, we still disagree on the importance of the qualitative nature of the fats ingested but as long as we are both in favor of limiting their quantities and promoting exercise, and feel that palatability is an important factor in health and morale, we shall get along fine.

We are all delighted that the book is doing so well, and I would like to convey to Margaret and to you my hope that you will have an opportunity to enjoy the proceeds by eating extra well in the places you like best.

With best regards,


John H. Peters, M. D.
Assistant Medical Director
for Research

JHP:emk