

Parco Grifeo 30 (1)
Naples, Italy
February 21, 1964

Dr. G. Lama
Institute of Cardiology
IX. Nagyvarad-ter 1.
Budapest, Hungary

Dear Dr. Lama:

You may know that I am responsible for coordinating a series of research programs on the epidemiology of heart disease in Finland, Yugoslavia, the Netherlands, Italy, Greece, Belgium and Japan as well as in the United States.

In the period Aug. 30 through October, 1964, the program in Finland will involve a field study on men in rural Finland in which an international team of experts will assist the Finnish team under the direction of Dr. Martti Karvonen of Helsinki. Dr. Karvonen is the President of the Finnish Medical Association and Head of the Division of Physiology of the Institute of Occupational Health, Haartmaninkatu 1, Helsinki.

Immediately preceding this field work, technical experts on heart disease and physical activity will meet in Helsinki on August 27, 28 and 29 under the auspices of the Research Committee of the International Society of Cardiology. Representatives from Italy, the Netherlands, Greece, Yugoslavia, Belgium, England, the U.S.S.R., the U.S.A., and all of the Scandinavian countries will participate in this meeting.

I am pleased to invite you to attend the meeting in Helsinki Aug. 27-29 and to observe the field work centered at Ilomantsi (Finnish Karelia) from Aug. 30 to about Sept. 7. Dr. Karvonen, with whom I have discussed this question a few days ago, agrees and wishes to assure you of a hearty welcome.

At present I have no funds at my disposal to help with the expenses you would incur in participating in this program in Finland but it may be that Dr. Paul Dudley White can advise. The stay in Helsinki may cost about \$10 U.S. per day and the per diem cost for meals and housing in Ilomantsi would be less. No fees would be charged for the meeting or for observer status in the field work.

I hope you can join these activities. Copies of this letter are going to Drs. Karvonen, White and H.L. Taylor (of the University of Minnesota).

Sincerely,

Ancel Keys, Professor and
Chairman, Research Committee.