

ATHENS HOME FOR THE AGED
CENTER OF STUDIES
OF AGE - RELATED CHANGES IN MAN
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Dr. Ancel Keys
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Minneapolis, Minnesota 55455

August 16, 1991,

Dear Ancel,

Back home after a rather long and devious route I feel compelled to thank both you and Margaret for your warm hospitality this past month, despite your recent sad, senseless loss. I was so happy to meet again Carrie, Julian and Harvey, all in such a fine shape.

I trust that with your new IBM acquisition you will have found a useful worthy tool which will help you overcome the personal loss and guide your activities towards new positive goals. The Seven Countries Study is indeed an interminable goldmine.

I was quite relieved to see the arrangement for the manuscript on boby fatness and longevity. Dr. Luepker and you all should be congratulated for this wise settlement which will leave the Department unhurt. Your circular note was carefully read and I fully agree with its contents and proposal. At this time we are trying to convene in Crete a small gathering which will include Alessandro Menotti, David Jacobs and possibly also Henry Blackburn to discuss targets, methods of use of old and recent data and explore faster ways to publish 30 year resurvey data.

My interests, as you probably know, have been the determination of aging changes in the respiratory (and the renal) system and the elucidation of factors which are accelerating or impeding the time-related decline in function. Survival and disability-free (active) life is also an important target in my personal group's objectives, particularly as it affects people who have already reached the age of 70.

We have to be in Rome early in December (3-7) and it may be possible to combine it with a Minnelea stop-over. I will let you know more when I have definite news.

Regards to both of you,

Ardy Frutkin