

September 26, 1966

Dr. Ancel Keys
"Minnelea"
Pioppi (Salerno), Italy

Dear Ancel:

I'm quite curious to know how the move to Skriperon worked out, whether you had useful discussions with Tibblin, and if there was a generally satisfactory wind-up of the operation in Corfu.

Except for Nelly, things go well here. I returned to find Nelly flat in bed. The day after her return, when unpacking, she extruded another disc. She was unable to move for two weeks, but didn't let me know as the kids rallied round well. Now, however, it drags on and she is unable to drive or teach and the immediate future is not clear.

Otherwise things go rather well here. Stanton has given me the big diet-heart write up which badly needs a summary and conclusions. The Walnut Street Metabolic Unit has had its "opening" and experiments started today.

The response to the physical activity study in St. Louis Park is rather good. About 90% are located and agree to answer the phone questionnaire. About 85% of those made appointments for the risk examination and about 90% of those appear at the St. Louis Park High, i.e. $\pm 70\%$ overall take thus far.

The risk exam is exceedingly smooth, and includes an ECG on the new Caceres unit. I think it all makes a positive impact on the people. We are standardizing all methods now with Buskirk and Balke, and the first recruitment meeting is October 6th, physical exams in the lab, October 17th. I plan to go to AHA October 19th and thence to Tel Aviv.

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For Delhi, I will call an ECG-VCG meeting for October 28th evening and for one other day during the meeting. The symposium on computers will go its merry way under the guidance of Otto and incooperation of Rijlant.

Please let me know if there is a blanket coverage on publication of the symposia or if individual arrangements are needed.

I'm trying to make plans in case Nelly's situation should worsen or other stresses develop here. The Physical Activity schedule of exams and testing, for example, is snowballing. Since my principal reason for coming to Delhi would be if I could be useful to you, I would appreciate your evaluation of my function there. I'd also like to have your Tel Aviv and Japan schedules.

Your 19th of September card with good news of Corfu just arrived.

Regards to you and Margaret,

Henry Blackburn, M. D.

HB/ljs
cc