

OCT 26 1959

HOWARD B. SPRAGUE, M. D.
1180 BEACON STREET
BROOKLINE 46, MASSACHUSETTS

October 22, 1959

Ancel Keys, M.D.
University of Minnesota
Minneapolis 14, Minnesota

Dear Ancel:

You were good enough to send me a
copy of your book EAT WELL AND STAY WELL.

I have read it with delight and apprecia-
tion and shall be happy to recommend it to
my patients. It is a very sensible discus-
sion for use in this time of dietary furor.
It seems as if my patients brought in a
clipping from a newspaper about every day.
I shall "throw the book at them."

Thank you very much.

Cordially yours,



HBS:gm