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April 3, 1959

Dr. Ancel B. Keys Laboratory of Physiological Hygiene University of Minnesota Minneapolis, Minnesota

Dear Ancel:

Congratulations to Mrs. Keys and yourself for your masterly book which you so graciously sent me.

We enjoyed it immensely and were enormously impressed with its clarity, its conciseness and the whole format of the book. I enjoyed particularly the section on fats which was the clearest exposition I have ever seen or heard with particular reference to halogenation, saturation and especially the difficult exposition of the trans and cis varieties of fats. The seasonal menus were exceptional in immagination and palatability and I found myself salivating over the recipies, especially those without eggs!!!

I also believe that your publishers and editors have done a remarkable job in assemblying this elegant and handsome book and I wish you continued success in your outstanding and pioneering research.

Can I close more fittingly than with a toast "A Votre Sante!"

Cordially

Lester M. Morrison, M.D.

P.S. May I also trouble you for a reprint of your recent publication, Serum Cholesterol in Man, published in Circulation, February, 1959, pg. 201. It was a fascinating study. Many thanks.