

APR 1 1959

Provident Mutual  
Life Insurance Company of Philadelphia  
4601 MARKET STREET, PHILADELPHIA 1, PA.

PAUL H. LANGNER, JR., M.D., F.A.C.P.  
MEDICAL DIRECTOR

March 30, 1959

Ancel Keys, Ph.D.  
Director of the Laboratory of  
Physiological Hygiene  
University of Minnesota  
Minneapolis, Minnesota

Dear Ancel:

I was delighted to receive the complimentary copy of your excellent new book "Eat Well and Stay Well". This is certainly a splendid and very necessary contribution to the American scene.

I also read with interest the coverage on you and your good wife which appeared in Time Magazine this week.

May I send my copy of your book to you so that you may autograph it for me?

Best personal regards,

Sincerely yours,



PHL:DS