



DEPARTMENT OF INTERNAL MEDICINE A

הסתדרות מדיצינית הדסה

HADASSAH MEDICAL ORGANIZATION

בית החולים האוניברסיטאי של הדסה ע"ש מאיר דה רוטשילד

MAYER DE ROTHSCHILD HADASSAH UNIVERSITY HOSPITAL

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Ref. No. \_\_\_\_\_ מספר

July 29, 1959.

Prof. Ancel Keys,  
Laboratory of Physiol. Hygiene,  
South Tower Stadium,  
Mineapolis, Minn.

Dear Ancel,

I have to thank you very much for the reprints which you sent me, and also for the book Eat Well and Stay Well. I enjoyed the reprints, but my feelings towards the book are ambivalent. On one hand it is delightfully written, in a clear language, and states problems in the straight forward way, so that intelligent laymen and doctors can benefit from it. On the other hand, it tries to influence the public at a stage of research where it is doubtful if our knowledge justifies this already. The way for instance, in which you deal with the possibility that other ways of life than nutrition promote coronary occlusion is not founded on scientific evidence, and is against the experience of those of us who see and treat patients with coronary disease. I also feel, as you know, that so long as we have not demonstrated that we can prevent coronary occlusion in the Western population by a nutrition as you advocate, we have to be more modest in our claims.

I hope you will not mind my telling you this openly. We are good enough friends, and I have too often showed my admiration for you when I felt like it, that I hope you will not mind if I also offer sometimes a word of criticism. I am sure that despite of this "Eat Well and Stay Well" will sell well.

I have hesitated for some time whether I should join you in your global attack on the epidemiology of atherosclerosis, but after careful consideration, I felt that science ~~my~~ profit more if I were to follow a more or less independent course, especially as my clinical impression makes me feel more and more that some of the social interhuman factors deserve more study than you plant to give them in your project. Since I came here, I have found in Prof. Louis Gutman and excellent sociologist, and in Prof. Dreyfuss and excellent clinical co-worker, and so we decided to apply for a USPHS grant by ourselves. I am very happy to tell you that we got the grant and we hope to get started this autumn.

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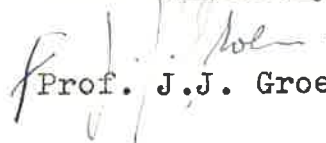
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Prof. Ancel Keys - page 2 - 29.7.59.

I intend to remain in touch with you, and tell you more about our methods, and I hope to hear more about your own work. Above all, I hope to meet you again before long at one of those International conferences, where the growing family of atheroscleroticists meet. There is even a change of my coming to the States in the spring, and if there is anything going on in our common field, I would like to hear about it.

Best regards also to all the friends at the laboratory, and to Margaret.

Yours sincerely,

  
Prof. J.J. Groen.