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BROOKLINE 46, MASSACHUSETTS

April 18, 1957

Ancel Keys, M. D.
University of Minnesota
Minneapolis, Minnesota

Dear Ancel:

As a follow-up of our recent correspondence regarding your proposed cookbook, it occurred to me that you might get some good recipes by cooperation with Stella Standard, who is co-author of the book with Barr called "The Kitchen Garden Book" published by Viking in 1956.

Lucy and I are fundamentally fish and vegetable eaters, rather than meat eaters, and since I have a garden I was interested in reading this book, which combines the gardening side with a large number of recipes for the preparation of vegetables. I note that she uses oils and might well be able to alter some of the other recipes to substitute them for butter. Perhaps you are entirely familiar with this, but I send the suggestion for what it is worth.

Cordially yours,

A handwritten signature in blue ink, appearing to read "Howard", with a long horizontal stroke extending to the left.

HBS:gm

APR 25 1957