



WE'RE FIGHTING FOR YOUR LIFE

April 14, 1982

Henry Blackburn, M.D.
Professor & Director, Laboratory
of Physiological Hygiene
University of Minnesota
Stadium Gate 27
611 Beacon Street S.E.
Minneapolis, MN 55455

Dear Henry:

I am enclosing an excerpt from the summary notes of the March 1982 meeting of the Executive Committee of the Council on Epidemiology consisting of your report. Would you please edit and return it to me by April 23.

Thank you for your help.

Sincerely,

Leon
Leonard P. Cook, Director
Publications and Scientific Sessions

sent 4/19/82 LB

Leon - Great. Thanks - HB.

kr/tuc14
Enclosure

cc: Darwin R. Labarthe, M.D., Ph.D.

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4. The 15th International Teaching Seminar on Cardiovascular Disease Epidemiology will be held July 24-August 6, 1982 near Helsinki. It is the first advanced seminar and it has had a flood of applications. Drs. David Curb of Houston and Sherman James of _____ were selected from among the U.S. candidates.

Dr. Stamler also reported that the ISFC through its Scientific Board continues to be involved with the WHO on a number of projects.

C. Nutrition Committee

Dr. Blackburn reported that the statement on the "Rationale of AHA's Diet-Heart Statement" will be published in the April 1982 issue of CIRCULATION.

Four position papers have been approved by the Steering Committee for development. They are:

1. "Coronary Risk Factors for the General Public"
2. "Coronary Risk Factor Modification for Physicians"
3. "Intervening on Coronary Risk Factors in Children" (for pediatricians)

4. "Development of Good Health Habits in Children" (for the general public)

Comments are currently being received from Councils on the statement "Diet in the Healthy Child - Statement for Health Professionals". It is targeted for the Steering Committee in May.

Drs. Grundy and Gotto are revising the statement on "Recommendations for the Unified Diet Approach to the Treatment of Hyperlipidemia - Statement for Physicians" based on comments received from reviewers.

The statement on "Dietary Sodium and Hypertension" has been reviewed by Councils. However, because of the number and type of comments received the statement may be issued as a state of the art paper rather than a position paper.

Dr. Blackburn further reported that the Nutrition Committee is currently involved in the following:

1. A review of the current American Diabetes Association Statement on Diet with the notion that it may recommend endorsement of the Statement by the AHA.

2. Defining optimal weight relative to risk factors in light of the revised Metropolitan Life Insurance Company's Height, Weight Tables that contain upward adjustments in ideal weights.
3. Considering the development of a paper in which the criteria for evaluating nutritionally sound weight reduction programs will be outlined.
4. Discussing the pros and cons of lipid screening in all children and the need for standardization of laboratory methods for plasma lipids and lipoprotein values.

In response to Dr. Blackburn's request for advise from the Council's Executive Committee on a number of the above items the following suggestions were made:

1. That a state of the art paper and a position paper be prepared on the sodium issue. The position paper should be written in spirit of best judgement based upon incomplete evidence.
2. Lipid screening and risk factor screening in general of children should be directed at children at high risk and when seen in the physician's office.

3. ACTION: MOVED, SECONDED AND CARRIED THAT THE EXECUTIVE COMMITTEE OF THE COUNCIL ON EPIDEMIOLOGY RECOMMENDS TO THE AHA THAT TWO LETTERS BE FORWARDED TO THE NHLBI: ONE IN SUPPORT OF NHLBI MAINTAINING A NATIONAL CENTER FOR A NUTRITION DATA BASE, ANALYSIS, CODING AND TRAINING AND THE OTHER IN SUPPORT OF MAINTAINING A STANDARDIZED LIPID LABORATORY FOR QUALITY CONTROL.

Dr. Labarthe requested Dr. Blackburn to draft the two letters that can be forwarded through the AHA.

VII. Council Newsletter

Dr. Shekelle invited the members of the Committee to submit material to him that would be of general interest to the Council membership.

VIII. Nutrition Section

Dr. Labarthe reviewed the history and current status of the request by the nutritionists to establish a Nutrition Section within the Council on Epidemiology. He said that he has received word informally that the Council on Arteriosclerosis and the Nutrition Committee have serious reservations about establishing such a section within the Council on Epidemiology.