

September 3, 1974

Robert Shank, M.D.
Chairman
AHA Nutrition Committee
Department of Preventive Medicine
Washington University School of Medicine
St. Louis, MO 63110

Dear Bob:

Some of the pragmatic views enclosed here may annoy you and the Nutrition Committee. However, they represent a viewpoint which is increasingly less represented on your committee, I believe it should be recognized as a viewpoint, both where its arguments are deficient and where its "pragmatic" view might be more effective and public health-oriented than what may be the increasingly academic view of the AHA committees. On the other hand, I may be misreading some of the AHA recommendations.

Cordially,

Henry Blackburn, M.D.

HB:lc

Enclosure

*Progress & section on "Myths" from
On a 'MS*