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August 3, 1981

Dr. Ancel Keys
Laboratory of Physiological Hygiene
School of Public Health
Stadium Gate 27
611 Beacon St. S.E.
University of Minnesota
Minneapolis, MN 55455

Dear Ancel:

How nice to receive this morning your undated letter referring to your daughter Martha and your interest in the book that Margaret McWilliams and I did in 1974. I assume your daughter lives in the states, and if you would let me have her address, I should be happy to send her a copy of this book and also another book I did for the public a couple of years ago under the title of "Eat OK - Feel OK." Enclosed is a promotional brochure on this book, and I enclose a copy of the book, with my compliments. (Sent separately).

Concerning my views on diet and cholesterol, I think they are well expressed in one of my syndicated columns of approximately a year ago, of which I enclose a copy.

Thank you for the reprint of your paper in the September 20, 1980 issue of Lancet, which of course I have seen. I also enjoyed very much your paper in the July 11, 1981 issue of Lancet. I was delighted to hear of the international symposium in your honor at Anacapri last month, and also to learn that that is where Paul White wrote the manuscript for the first edition of his book on heart disease.

With all good wishes to Margaret and yourself.

Sincerely,

Fred
Fredrick J. Stare, M.D.
Professor of Nutrition, Emeritus

FJS:lh

enclosures - promotional brochure
syndicated column