

July 6, 1981

Dr. Ancel Keys
Nutrition Foundation
888 17th St. N. W.
Washington, D. C. 20006

Dear Dr. Keys:

I found, in a book on Mediterranean cooking, a statement you made about the fat content of chocolate. You said something to the effect that the saturated fat in chocolate was not detrimental to persons who had excess cholesterol in their blood serum.

Since I have been avoiding saturated fat, and since I love chocolate, I would like very much to have a reference to the work which would support such a statement. I recognize this is imposing on you, but this is a matter of some curiosity for me.

Thank you,

Annette Baich

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Dr. Keys -

Please respond

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