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Dr. Ancel Keys  
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Dear Ancel:

Many thanks to your reading (and thanks to Margaret for her reading) of my Seven Countries field adventures. You put your finger on a real problem in that I haven't identified my readership very clearly. I guess I see it as medical and cardiological colleagues who are not entirely familiar with the Seven Countries details, but have an interest in the study. I would also hope that it would be readable to a few intelligent lay readers.

At any rate, my daughter, Katia, is now editing them at my expense. Her boss gave her a week off to do it. From what I have heard back, she also agrees with you on cutting out the technical sections, etc. Stacy is not available to look at mine or anybody else's writings I am afraid, being up until 2:00 nightly these days in preparing the scripts for a series of 21 Minneapolis school programs to take place in the later winter and spring.

Thanks for your special notes about Martti and other details. You referred to expecting to hear more about me personally. Yes, I have made a good deal of progress on my personal memoirs, divided into sections on childhood and youth, then a whole separate section on medical career and interests and then another separate section on musical career and interests. That, I did get Stacy to glance at some months ago and she indicated it would require tons of work not to be an amateurish production. So I'll save that for my later "sabbatical".

I will share with you any information on printers and publishing as I receive it. I have three estimates now on the 300 page edition of my Seven Countries Field Adventures, and they are all very close to \$7,000 to get a nicely printed and bound volume. That seems to be beyond the realm

of possibility right now for me and I can't imagine finding a publisher that would sponsor this. As I find out more, including, I hope, less expensive desktop publishing, I will keep you informed.

I very much appreciate you sharing your reminiscences. They are fascinating and important and I am delighted you are getting them down. They must get printed in one form or another. I heard back from Dean Edith Leyasmeyer, more or less as I expected. No money in the Dean's Office! But I'll keep exploring and one way or another we will get this done.

I particularly enjoyed seeing stories of your early life, some of which I had heard in snatches over the course of the last 30 years. I think it's marvelous that you have written them. I am delighted particularly to hear about California and Copenhagen experiences and your early visit to Eastern Finland that I was not aware of, and how much you owe to Professor Krogh. Keep it coming.

Regards,

Henry