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*Sent 2/17 mg
HAS - corresp*

February 16, 1988

Christopher Howson, Ph.D.
Project Director
National Academy of Science
Diet and Health Study
National Research Council
2101 Constitution Avenue
Washington, D.C. 20418

Dear Chris:

I am making progress on the competing risk draft. It is still too crude to send along to you, but I'll keep plugging and hope to make the February 19th deadline for a very rough draft.

In re your other recent materials sent out, I guess I'm not inclined, in light of our rather general alcohol recommendation, to enoble the idea that changing from moderate to no alcohol intake might increase the risk of myocardial infarction! We are certainly hard put to infer preventive effect of one or two drinks a day and to take that a step further, as a danger of enhancing risk by stopping all alcohol, is a way I would not care to go.

In your excellent minutes of S.F., there's a mistake, I believe, in the first paragraph on page 16, in which you gave the 10-10-10 proportion of fatty acids when we agreed that the issue there was a concern that 10% saturated, 6% polyunsaturated, and 30% total fat would be achievable in the average diet without adding olive oil.

Regards,

Henry Blackburn, M.D.
Professor and Director

/ma

pc: R. Shekelle
J. Bailor
E. Williams

*-2/17
✓ mg
2/23*