SCHOOL OF PUBLIC HEALTH · LABORATORY OF PHYSIOLOGICAL HYGIENE
STADIUM GATE 27 · MINNEAPOLIS, MINNESOTA 55455

Tanuary 14, 1966

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Dr. Christ Aravants of \$2100 per survey.

37 Vasilissis Sophias Av.

Athens, Greece budget estimates for the Corfu re-amminations. Note that I shall take care of all costs for Dr. Blackburn and an E.C.G. man and that we would supply at least one E.G.G. machine and also take care of the cholesterol analyses, statistical Dear Christ: Apart from these items my estimate totals \$6659.

This is further to the letter and application materials mailed to you last night.

For the continuation of the work in Greece the following are the basic needs:

- 1) Check on mortality in both Crete and Corfu between now and July 1, 1966.
- 2) 5-year re-examinations in Corfu in August-September. 1966.
- to be described and the services between July I and December 31, 1966.
- brick 4) Twice yearly check on mortality in both Crete and Corfu in 1967, 1968, 1969.
- in 15 5) Check on mortality in both Crete and Corfu between January 1 and July 1, 1970.
- 6) 10-year re-examinations in Crete in August-September 1970. (This will include mortality check) the mortality data so far reported. The death value are far out of line of any expectation. It is clear that a twice-yearly check in both
- For Check on mortality in Corfu between July 1 and December 31, 1970.
- 8) Check on mortality in Corfu between January 1 and July 1, 1971. in the interior.
 - 9) 10-year re-examination in Corfu in August-September 1971.
- desti10) Work up all data for both Crete and Corfu and finish reports by August 31, corful 1972 may because occurred to two years bursey scene on should go to Corfu in the next few months to make a thorough check. (Also to Crete.)

If there are other special jobs to be done regarding the men of Crete and Corfu, they must be planned and financed separately.

Page Two
January 14, 1966
Dr. Christ Aravanis

dietitians are available, it would be desirable to carry out 3-day diet recordings (weighing) on perhaps 30 men at random in each area, in 1968 or 1969, but collection of food for chemical analysis would be unnecessary. One dietitian and 3 helpers could cover 32 men in 2 weeks in this way and the cost would not be high-air fare-\$120, meals and housing-\$550, car hire, including driver-\$250, stipends for field work period plus time for calculating-\$1000, misc. local costs, typing, etc.-\$120, making a grand total of \$2100 per survey.

I enclose budget estimates for the Corfu re-examinations. Note that I shall take care of all costs for Dr. Blackburn and an E.C.G. man and that we would supply at least one E.G.G. machine and also take care of the cholesterol analyses, statistical work, etc. Apart from these items my estimate totals \$6659.

I further enclose estimates for the cost of checking mortality twice yearly in both Crete and Corfu. The cost per visit should be less than \$250, including stipends.

Asse The 10-year re-examinations in Crete and Corfu should be budgeted at \$7000 to \$8000 each, to allow for possible inflation, etc.

Then there is the question of interim office costs and your time or that of whoever is to handle the responsibilities between re-examinations. On the latter, the equivalent of one week of work a year should suffice for the small amount of things to be done--making sure that someone does the mortality checks, and preparing a brief progress report each year. Finally, you, Andy or someone in your group should plan on meeting with others who are in these cooperative programs for several days in Italy in 1967, 1968, 1969 and 1970. An allowance of \$250 for each such meeting would do.

I am much concerned about the mortality data so far reported. The death rates are far out of line of any expectation. It is clear that a twice-yearly check in both Crete and Corfu is essential with every effort to make sure no deaths are missed. For Crete, I note that the 1965 examination data do not cover 80 men who were aged 40-59 and examined in 1960. Only 10 men are reported to have died in the interim. How are the other 70 men accounted for?

As for Corfu, our latest data on deaths date from 1963, at which time only 5 deaths were recorded since September 1961. What is the experience since? Is it certain that only 5 deaths occurred in two years? Surely someone should go to Corfu in the next few months to make a thorough check. (Also to Crete.)

I am working hard on the Report for 1961 to date, as well as preparing all the other materials (objectives, detailed methods, significance, etc.) needed for the new

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MINERSITY OF Minnesother Follow-UP

Mortality and Health Status Work

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Each visit involves one Dr. from Athens for 3 days (Stipend--\$100), Air travel--(\$30), Per diem--(\$45), tipend--(\$45),

Each check up requires one Doctor from Athens for 3 days (Stipend--\$100, Air fare--\$30, per diem--\$40, total \$170), car hire for 3 days (rental--\$20, mileage--\$14, gas, etc. --\$10, total \$44), and hire of local helper for 5 days (\$30), making a grand total of \$244.

- 3) Chuck on mortality in Craft between July I and December 31, 1966.
- 4) Twice yearly check on mortglity in both Crete and Corfe in 1767, 1968, 1969.
- 5) Check on mortality in both Crete and Corte between January 1 and Jely 1, 1970.
- 10-year re-examinations in Crete in Aggust-September 1970. (This will include morrality check)
- 7) Check on mortality in Chris between July I and December 11, 1970.
- 5) Check on mortality to Corfu between January 1 and July 1, 1971.
- 2) 10-year re-examination in Corfu in August-September 1971.
- 10) Work up all data for both Crese and Corft and Smith reports by August 21, 1972.

If there are other special jobs to be done regarding the men of Crete and Corfu, they must be planted and financed separately.