

JAN 3 - 1973

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December 29, 1972

Dr. Henry Blackburn
Professor, School of Public Health
Laboratory of Physiological Hygiene
University of Minnesota
Minneapolis, Minn. 55455

Dear Dr. Blackburn:

Dr. Stokes suggested I send you some material about my cookbook and I meant to do it before Christmas but never found the time, what with page proofs and a quick trip south to La Jolla.

Upon returning to Berkeley I found Nedra Foster's letter and have gotten a bunch of material ready to send to her and can follow this up with a complete copy of the cookbook if you all would like to see it.

Of course I have worked very hard on this book, both the cooking and the research, and think it is the best on the market, but it is wonderful to have other people think so too and nothing could make me happier than to have it recommended by your Nutrition Committee.

I might mention that it has been rigorously reviewed and examined by quite a few labs: Harvard's School of Nutrition, the American Heart Association Headquarters in New York and the San Diego County Chapter, and Dr. Steinberg's own lab, and in all cases it come out with glowing colors. I hope it continues to.

Best wishes,

Polly Zane

Polly Zane (Mrs. John)
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*Nedra & Becky: Please
put together a small
book review
let me know whether
you recommend her
meeting with your committee.
Thanks. +B*