



UNIVERSITY OF MINNESOTA
TWIN CITIES

Laboratory of Physiological Hygiene
School of Public Health
Stadium Gate 27
611 Beacon Street S.E.
Minneapolis, Minnesota 55455

Compass - Warren

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James V. Warren, M.D.
Department of Medicine
Ohio State University
Columbus, OH. 43210

Dear Jim:

Sorry I couldn't have dinner with you and Genelle in Dallas. I was delighted with your story of the Galapagos Islands. It must have been marvelous there. Genelle may have told you that I am taking off the next three months to spend time with Stewart Truswell, distinguished anthropologist and nutritionist at Sydney, and we will collaborate on writing about the diet and physical activity of early humans. It seems to me that so many of our modern diseases may be "explained" by the dissonance between our evolutionary legacy and our affluent lifestyle.

I have just enjoyed rambling through Gene Stead's book on "What this patient needs is a doctor" with frequent references to you and the glory days at Emory and Duke. I had the pleasure of putting together a small trio to play hymns and blues for him at a party at Duke last month and to hear his sage commentaries on human behavior and disease. It is marvelous to see that the heroes of my physiological upbringing (Warren and Stead) have become heroes in the philosophy and history of medicine.

Cordially,

Henry Blackburn, M.D.
Professor and Director

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