



UNIVERSITY OF MINNESOTA
TWIN CITIES

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10 copies - STIEDEMANN

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Mary K. Steidemann, Ph.D.
Editor
Contemporary Nutrition
Nutrition Department
General Mills
P.O. Box 1113
Minneapolis, MN. 55440

Dear Dr. Stiedemann:

Your April 1982 #10 issue may contain a misprint in the last paragraph of the column on "synopsis of scientific opinion" in which it says "The NRC further suggested that it would be prudent to limit sodium to not more than 8 grams per day." Do you not mean salt?

You comment "It is obvious that Americans like the taste of salt." But you do not indicate that taste is entirely socio-culturally, not physiologically determined. It would have been nice to make that point.

Many others, besides the sources that you quote, estimate that the susceptibility to hypertension in populations is probably closer to 50% rather than your quote at 20% (based on prevalence of adult hypertension in other human groups than in the United States, that is Japan, and also based on the incidence of hypertension. Individual likelihood of developing hypertension with age is much greater than the prevalence estimate).

Your discussions of labelling and consumer education and monitoring of changes and industry responses are very helpful.

Sincerely,

Henry Blackburn, M.D.
Professor and Director

/jml

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5/21/82
[Signature]