

December 29, 1970

Jeremiah Stamler, M.D.
Executive Director
Chicago Health Research Foundation
Chicago Civic Center, Room LL 139
Chicago, Illinois 60602

Dear Jerry:

Would you consider what advantage there might be to renaming the AHA Council on Epidemiology the Council on Prevention? Would you consider inviting the Rehabilitation Committee and Work Classification Subcommittee into our Council? They've got a few very good people and need a more effective Council support and affiliation. It would also be useful to have Levenson, Brock, Wenger and Hellerstein with us.

My main hang-up here now is the diet question. The lipidologists feel they cannot accept any acute phase infarction data on blood, and want their patients on an ad libitum diet for a couple of months post-hospital before prescribing a diet.

I maintain, but not convincingly enough, that the diet instruction can be largely uniform, that the education and example can best begin in hospital and be consistent thereafter, and that "classification" (and eventually a tailored diet if need be) can be as well or better made ~~after~~ after a period on a standard Keys, CPEP or AHA type diet as on an ad lib or a high fat standard diet. Any telling points, other than your good publication on diet effects, I would be grateful for. I will be vacationing in the same ski resort with Lars Carlson from Sweden our local lipid people (Micheli who worked with Carlson and Pometta who worked at the Joslin). It would be an opportunity to clear the air.

Seasons greetings to you and Rose,

Henry Blackburn, M.D.

c.c. A. Keys

Address to January 10: "Les Aigüilles Vertes" No. 1
Crans/Sierre/Valais, SWITZERLAND

HB/rs