

March 27, 1976

Antone F. Salel, M.D.  
Chief, Lipid Clinic  
Section of Cardiovascular Medicine  
University of California, Davis  
Department of Internal Medicine  
Davis, CA 95616

Dear Tony,

I am delighted to hear that you are doing a definitive study on egg yolk cholesterol in the diet of free living people. I have serious reservations about the motives and the design of the UCLA study. I am sending you under separate cover results of earlier Minnesota experiments and more than you will want to know about the FTC case. It will be rather difficult I would think to demonstrate these effects, but it probably can be done with as few as a couple of dozen young people if they eat at a common table and you have good control of their eating habits and weight. A cross-over design would probably increase the power of such a study. The old problem is whether you add an egg to the diet or whether you replace something else with an egg. However, it would be nice to see a well designed study to counteract the power of the Slater's in these circles.

Cordially,

Henry Blackburn, M.D.

HB:jp

*Signed & sent*

*what to send under separate cover?*

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SECTION OF CARDIOVASCULAR MEDICINE

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DEPARTMENT OF INTERNAL MEDICINE  
DAVIS, CALIFORNIA 95616

March 23, 1976

RECEIVED

MAR 26 1976

Henry Blackburn, M.D.  
Department of Physiological Hygiene  
University of Minnesota  
Stadium Gate 27  
Minneapolis, Minnesota 55455

*Reply on tape*  
*Send to him*  
*entire FTC folder please*  
*pc [unclear]*  
*summary*  
LAB OF PHYSIOLOGICAL HYGIENE 4-1  
*gave you last week the only copy -*

Dear Henry:

I want to thank you personally for that thoroughly enjoyable and fascinating experience of New Orleans Jazz. The real stuff is emotionally intoxicating.

I was also pleased to hear about your success in the fight against Madison Avenue crimes. Specifically, I am referring to the Federal Trade Commissions decision about dietary cholesterol. I know you are familiar with the recent bird droppings from UCLA in which they report that egg consumption has no effect on serum cholesterol of their experimental subjects. I feel that Slater and Alfin-Slater's conclusions are a reflection of the fact that they are much better rodent nutritionists than human nutritionists. We are preparing a study in which the dietary problem of egg yolk cholesterol can be explicitly defined in a young free living population in much the same manner as the experiment conducted with the polyunsaturate ruminant, meat and dairy products.

I would be forever in your debt if you could supply me with the bibliography that you used to counteract the claims of the National Commission on Egg Nutrition.

With best regards.

Sincerely yours,

Antone F. Salel, M.D.  
Assistant Professor of Medicine  
Assistant Professor of Engineering  
Chief, Lipid Clinic  
Section of Cardiovascular Medicine

AFS:JC