

February 7, 1977

Mr. Carl Rowen
Field Enterprises, Inc.
c/o Minneapolis Star
425 Portland
Minneapolis, MN 55415

Dear Mr. Rowen:

I would like to commend you on the very forthright recent editorial about Malnutrition of the Overconsumption Variety. It was excellent reporting, well written and courageous.

Though the recent report of the Senate Select Committee on Nutrition was equally forthright, I know of few other federal agencies which have committed themselves on a more prudent American eating pattern generally. Your pointing out the inconsistencies in government recommendations, however, and the energy aspects involved in our high meat diet, were particularly insightful and important.

We have attempted on the Minnesota campus to develop a dialogue for some time between the excellent, and very powerful, Institute of Agriculture here largely devoted to research on production and consumption of meat and dairy products, and our school on the public health aspects of nutrition. I thought you might like a copy of a recent summary I made with Prof. Turner of Edinburgh on official recommendations for national dietary changes related to cardiovascular diseases. Though there is only the one U.S. government report, listed from Senator McGovern, it is clear that these scientific recommendations are by no means isolated ones.

Again, many thanks and compliments on your fine editorial.

Cordially,

Henry Blackburn, M.D.
Professor and Director

HB:jp
enclosure