

October 16, 1975

Dr. Pekka Puska
Koordinoiva keskus
Coordinating Centre
Kiinamyllynkatu 10
20520 Turku 52, FINLAND

Dear Pekka,

I was very sorry to have missed you on my brief visit to Porvoo last month but they kept us preoccupied. I was disappointed not to be able to get a personal follow-up on the Karelia Study. I understand that you may have data that you are able to release on changes in blood pressure, cholesterol and smoking and other responses. I hope you will send these to me as they are available.

I am the principal external advisor to the Stanford Three Communities Project and their upcoming Four Cities Project. I am thus trying to keep in very close touch with these matters and even am entertaining the possibility of major community efforts in Minnesota.

Incidentally, Jack Farquhar of the Stanford program would be very anxious to visit the Karelia project one day and I hope that will be possible for him, as well as for myself. I leave tomorrow for a very quick visit to Basel and will be back in Europe again briefly at the end of November.

Your project received 10 minutes on the major evening news broadcast in this country in early September. It was excellent except that the final point was distorted I believe in that the reporter, Mr. Utley, said: "The basis problem remains: Why is there so much hypertension in Karelia?"!

Cordially,

Henry Blackburn, M.D.

HB:jp