October 8, 1973

Dr. Edward Pinckney c/o Publisher Sherbourne Press, Inc. 1640 South La Cienega Boulevard Los Angeles, California 90035

Dear Dr. Pinckney:

I was most surprised, and not particularly amused, to find the gratuitous acknowledgement of my contribution as a "stimulus" for you to write the tract, The Cholesterol Controversy. Such acknowledgements usually imply support of the effort. I naturally resent identification in any supportive way with what I regard as an uninformed, distorted, and deliberately misleading publication. I am generally a mild and fairly tolerant sort. But the best that I can say to you, having now met, heard and read you, is that I hope yours is a case of simple self-deception rather than quackery or vested interest. The fact that we happen to agree with you that "excess" polyunsaturates is unnecessary for an effective lipid-lowering way of eating is quite beside the point. Your speculation are largely unfounded, your "facts" are badly confused, and your "methods" of public communication are highly improper, in my view.

I trust that you will be good enough to remove all references to my name, other than in published scientific references, from any and all subsequent editions of your writings.

Sincerely,

Henry Blackburn, M.D. Professor and Director Professor of Medicine

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