

November 3, 1967

Alessandro Menotti, M.D.
Via Pandosia 22
Rome, Italy

Dear Alessandro:

Since your letter dated October 25 says that you must submit your ms. on hypertension by December 1, I hasten to reply. I have no objection to your presentation of this material for an Italian language publication. You should, however, publish acknowledgment for financial help through grants to me from the United States Public Health Service (no. HE-04697) and from the American Heart Association, New York, and to Drs. Fidanza and Puddu from U.S.P.H.S. (HE-04672).

I have some question about your Table V in regard to "New cases of hypertensive heart disease." Is it true that 13 cases developed among men who were in the lower two quintiles of systolic blood pressure in the first examination? And then I am puzzled by the fact that the heading of Table V indicates that the table deals only with men who were hypertensive at the first examination. If this is so, how is it that any of them are in the lower quintiles? Or is it that the quintiles refer only to B.P. distribution within the hypertensive group?

When this paper is published, be sure to get at least 100 reprints for me. I must provide a supply of these to U.S.P.H.S. and to American Heart.

It was most pleasant to see you and Maria Luisa the night before we left Italy. And many thanks for the keys for my Olivetti "classificatori" which I trust friend Notaro will keep for me.

I think the time table you suggested when we talked last must guide our plans for you to come here. As I understand it, you could come here for the second half of 1969. And for your situation in the meantime, the proposed arrangements are outlined in the enclosed sheets.

Margaret joins in sending best wishes to you and your family.

Sincerely,

Ancel Keys, Director

AK:mh

cc: Dr. Puddu

Dr. Blackburn

OUTLINE OF WORK AND PAYMENT PLANS
FOR DR. ALESSANDRO MENOTTI - November 2, 1967

- 1) Enclosed I send you two sets Agreement forms which you should sign and return (4 copies each).
- 2) The first Agreement covers the period 1 December 1967 - 31 May 1968 and will provide payment to you of \$300 per month. You should receive your first check for the month of December, 1967, about January 15, 1968. The second Agreement will cover 1 June - 30 November 1968 and will provide \$400 per month.
- 3) In due course we shall provide suitable Agreements for all of 1969 and, I trust, of 1970 and even beyond. My budget plan provides for increases in the payments to you in 1969 and again in 1970. These agreements are much easier to arrange than ordinary appointments and will save you complications with U.S. taxes, etc.
- 4) It is understood, of course, that the payments to you under these Agreements are fixed at amounts that will cover your necessary travel and field maintenance expenses. For the period 1 December 1967 - 31 May 1968 the required travel will be:
 - a) Check-up on status at Crevalcore and Montegiorgio
 - b) Visit to the Zutphen operations when agreeable to you and Professor van Buchem, presumably in late April or May. Airfare Rome-Amsterdam and return is \$138 and you should allow around \$15 per day for hotel and meals for perhaps 4 days.
 - c) Visit to Athens at mutual convenience of you and the Greeks. The job there is to stimulate and keep contact with the Greeks but especially to check the whereabouts and knowledge of present status of every man in the original examinations at Crete and Corfu. Dr. Aravanis can arrange that someone--Dr. Lekos or Cordondalis, probably--work over the records with you. This job may take 3 to 5 days and conceivably may require a side trip to Crete or Corfu. Airfare Rome-Athens and return is around \$120 and hotel and meals, etc. may run to a bit more than in Holland, perhaps \$17 per day.
- 5) For 1 June - 30 November 1968, your stipend is increased because of the travel needs. The program will involve:
 - a) Recheck Crevalcore and Montegiorgio
 - b) Stay in Dalmatia 3-4 weeks (including time for a conference and perhaps a seminar on epidemiology)
 - c) Stay in Slavonia about 3 weeks
 - d) You may decide to attend the Congress in Athens before going to Dalmatia. And you may decide to have Maria Luisa with you in Dalmatia. Anyway, I think the allowance for travel and field costs will be ample. The two trips to Yugoslavia will cost less than \$200 for airfare and living costs will be under \$12 per day
- 6) For 1969 we will try to work out the finances so you can spend half a year here without hardship.
- 7) Please advise me if there are any questions.

Ancel Keys, Director
Physiological Hygiene Laboratory