

UNIVERSITY OF MINNESOTA
TWIN CITIES

Laboratory of Physiological Hygiene
School of Public Health
Stadium Gate 27
Minneapolis, Minnesota 55455

File Copy

October 30, 1974

Mrs. J. of Mr.

C. Peter McGrath
176 N. Mississippi River Blvd.
St. Paul, MN 55104

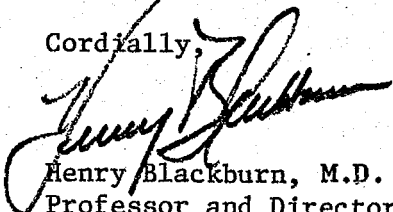
Dear Mr. McGrath:

Enclosed is our usual introductory letter to Twin Cities residents as we systematically cover the community for "MRFIT", the National Heart and Lung Institute study of coronary heart disease risk. We are now on your side of the river and are screening northward from Highland Park. We would, of course, like to have you visit and experience the program to any extent you are able. We believe it is a most significant mass test of the potential for reducing or delaying premature heart attacks, and an effort in which Minnesota is playing a central role.

MRFIT is also part of a broader approach of this laboratory to testing definitively the possibilities of disease prevention. Your visit would provide an opportunity for exposure to some of the community research programs and plans of the School of Public Health which you might enjoy. If, however, you would rather by-pass the usual home interview and the screening visit in Highland Park, we could eliminate readily those two phases and receive you simply at the clinical facility in the Memorial Stadium. Or we could welcome you and your wife directly, as observers-participants, into the MRFIT Intervention Program where we deal with changes in eating patterns and smoking habits among small groups of those identified to be at "high coronary risk".

Perhaps your office would let me know whether you would like to go through the entire process, whether you prefer to see us only in the campus facility, or whether you would prefer for the busy time being to appear in our statistics as a non-respondent.

Cordially,


Henry Blackburn, M.D.
Professor and Director
Phone: 373-3586

cc: L. Stauffer

HB/kn