

11-13-74

VANDERBILT UNIVERSITY



NASHVILLE, TENNESSEE 37232

TELEPHONE 322-7311 AREA 615

Department of Biochemistry • School of Medicine • Direct phone 322-3315

November 11, 1974

Dr. Henry Blackburn, M.D.
University of Minnesota
Laboratory of Physiological Hygiene
School of Public Health
Stadium Gate 27
Minneapolis, Minnesota 55455

Dear Henry:

Thanks for your letter. I enclose a reprint from a dwindling supply.

Your pessimism about trials of the affect of treatment of obesity on CHD is justifiable. It probably couldn't be done--nor do I think it could prove worthwhile. But a trial of exercise would be relatively easy--likely to be productive. Indeed, the public is going it alone for lack of scientific leadership. You, in fact, are likely to be embarrassed because you obstruct. The neat thing about a fitness trial would be the ease of measuring adherence.

Oh well, we are still waiting for the sun to go down on the diet fat--giant molecule serpents--see, e.g., the AHA program. When that is finished maybe we can get on with useful work.

Regards,

George
George V. Mann, M.D.

pc +
return of it.

George:
Passing opinions & evaluations
is not obstruction. Being
proved wrong is a revelation--
not an embarrassment, if from
a rational base. You keep saying
for us to get on with "useful work."
We still wait for the sun to rise
on the promising hypothesis. Henry

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